

RSL0215

Resolute™ Strength Selectorized Line

Seated Dip



Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The Resolute Strength Seated Dip targets the triceps and pectoral muscle groups while offering a supported, guided motion that replicates the movement path of the popular dip movement performed on parallel bars. Rotating, over-molded tee-handle grips provide a variety of comfortable hand positions.



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Biomechanically Sound

The design of the Resolute Seated Dip pivot arms closely matches the feel of the a traditional bar dip to properly engage the triceps muscles. The angle of the seat back helps ensure correct and supported position throughout the whole movement.

Designed to Go the Distance

Over-sized steel tubing lends a sleek, contemporary shape, and contributes to a more durable product. One piece, soft rubber foot caps make the equipment easier to move and will remain in place even if kicked. Tested to 250,000 cycles, the Resolute Seated Dip is designed to go the distance.

Focused on the Experience

The tee-shaped, over-molded handle grips on the Resolute Seated Dip easily rotate to provide a variety of comfortable hand positions. The weight stack pin and patented add-on weight switch are within easy reach to enable quick adjustments between sets.

Advanced Training with Sony® Advagym

Strength training has gone digital. Add the Sony Advagym training and tracking system, along with the app, to give your exercisers a whole new way to train. Through the Advagym app, personal trainers can prescribe workouts and monitor their clients' progress.



Specifications

Dimensions (L x W x H): 55 x 48 x 58 in / 140 x 121 x 148 cm

Weight Stack Tower Height: 58 in / 148 cm

Equipment Weight: 585 lb / 266 kg

Weight Stack: 240 lb / 109 kg

Warranty: Visit www.precor.com for warranty terms.

Standard Color Options

Frame



Gloss Metallic Silver Metallic Ash Desert Bronze



Black Pearl Gloss White

Shroud



Tungsten

• Custom shroud wraps are available at an additional cost.

Upholstery



All Spice American Beauty Black Blue Jay Burgundy Deep Clay



Grey Hunter Green Navy New Purple Regal Blue Slate

• Colors may vary.
• Custom colors available.
Please contact a Precor Sales Representative.

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