CO24BP

Vitality™ Series Selectorized

Multi-Press III



The reimagined Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Multi-Press features three machines in one: bench press, incline press, and shoulder press. Exercisers can adjust the press arm and seat while on the machine to get into position with proper form. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

















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Multi-Press III

Three Exercises, One Machine

The Multi Press saves valuable space by combining three pressing movements—bench press, incline press, decline press—in one machine.

Similar to Free Weight Positions

When using the Multi Press, exercisers will quickly feel how similar it is to using free weights for the same exercises.

Get Exercising Faster

The remote start adjustment allows the exerciser to easily adjust their start position from within the machine, getting them to their workout faster.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 72 x 58 x 69 in / 182 x 148 x 175 cm

Equipment Weight: 568 lb / 258 kg Weight Stack: 240 lb / 109 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit <u>www.precor.com</u> for warranty terms.

Color Options*

Frame U|
Black Pearl Black



*Colors may vary.





