

BELT SQUAT



PW511 ↗



DESCRIPTION

- Perform squats without loading the shoulders and back.
- 4 clip points for the belt (Belt included).
- Safety bar pivots out of the way when you lift.
- Non-skid rubber footplates on platform provide optimal stability during the movement.
- Comes standard with plate-storage.
- Shown with optional Dip Bars (R600).

SPECIFICATIONS

- Width 76" (192 cm)
- Height 50" (127 cm)
- Length 61" (155 cm)
- Weight 425 lb (194 kg)
- Starting resistance 50 lb (23 kg)