

Members benefit from increased stability and even more workout options thanks to a practical twist on the classic medball design.

### TECHNICAL INFORMATION.

## **COUNTRY OF ORIGIN:**

China

# **WARRANTY:**

1 year

#### **MATERIALS:**

Textured rubber

#### **DIMENSIONS:**

6kg, 7kg, 8kg, 9kg, 10kg = 272mm 12lb, 14lb, 16lb, 18lb, 20lb = 10.7in



## KEY FEATURES.



Handles that provide ergonomic experience.



Monochrome colouring will fit into any design scheme.



Textured surface ensures easy grip during every movement.

# **TOP BENEFITS.**

- Two handles add an element of grip and forearm training as well as giving the user confidence in traditional medball movements.
- Unlocks another level of weighted movement for workouts that challenge every muscle.
- Better-suited to range of motion training than traditional medballs.
- Can be used for either one or twohanded exercises.

