# GPL0551 Glutebuilder<sup>®</sup> Plate Loaded Deadlift Elite III



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder plate loaded line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Deadlift Elite provides a multi-purpose training platform for deadlifts and Bulgarian split squats, with multiple grip positions, independent arm options, and a low starting weight.



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## GPL0551 Glutebuilder<sup>®</sup> Plate Loaded Deadlift Elite III

#### **Independent Movement Arms**

The option of connected or independent movement arms, provides a natural feel and greater variety of motion, while the ergonomic design of the dual rotating handles maintains the natural wrist position during movement.

#### **Exercise Variety**

The adjustable roller pad and straight barbell attachment transform this machine into a versatile multi-exercise training platform, allowing for both Bulgarian split squats and traditional barbell deadlifts.

#### Easier Starts, Lighter Weight

Designed with counter balanced loading arms, for a lower starting resistance weight.

#### Weight Storage Horns

Two weight horns are positioned at an optimal height for easy loading and unloading of weights and provide storage for extra weight plates.

### Specifications

Dimensions (L x W x H): 67 x 74 x 29 in / 170 x 188 x 74 cm

Equipment Weight: 462 lb / 210 kg

Max Load Weight: 880 lb / 400 kg

Max User Weight: 350 lb / 159 kg

Starting Weight (per arm): 31 lb / 14 kg

Recommended Weight Plates: 4 x 45 lb, 2 x 35 lb, 2 x 25 lb, 2 x 10 lb

Weight Storage Horns: 2

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

### Color Options\*





minimum order quantities and extended lead times \*\*Additional lead time applies.

Black	

Upholsterv



#### Additional Upholstery Options\*\*



Additional upholstery options may have longer lead times. Please contact a sales representative.

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Colors may vary.
\*\*Additional lead time applies

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