# GBR0107 Glutebuilder® Benches and Racks Glutebuilder Box Pro III

Designed by Glutebuilder<sup>®</sup> and exclusively available from Precor, the Box Pro is a patented, angled, multi-functional training box designed to perform more than 30 exercises that effectively and comfortably target the glute muscles. A sturdy platform with smooth, curved edges provides stability and promotes proper form for exercises like squats and hip extensions. The versatile, non-intimidating design facilitates easy movement between different training spaces, including group classes, free weight areas, and the functional fitness floor.

### **Train Anywhere**

Built with commercial-grade materials to meet the demands of high-use facilities, the lightweight design allows for easy movement between different training spaces.

#### **Unmatched Durability**

Crafted from high-resistance wood and covered in high-density foam, this portable platform offers a stable and supportive base for a variety of exercises.

#### **Exercise Progression**

Five connection points for resistance bands offer exercisers the ability to enhance exercise intensity and variety.

#### **Visual Guidance**

Clear illustrations and a QR code give access to exercise videos making it easy to learn and perform a variety of exercises.

## Specifications

**Dimensions (L x W x H):** 21 x 23 x 17 in / 55 x 60 x 41 cm **Equipment Weight:** 32 lb / 14.5 kg

Max User Weight: 350 lb / 159 kg

Materials: Made of high resistance wood and covered by high-density foam

Warranty: Visit www.precor.com for warranty terms.



