



AB920 AIR BIKE

Item #
16207599200



FULL DISPLAY & 1-TOUCH PROGRAMS



INTEGRATED WINDSCREEN

SPIRIT AB920 Air Bike—Unlimited Resistance, Unmatched Performance

The SPIRIT AB920 Air Bike is engineered for high-intensity training and full-body conditioning, delivering infinite, user-controlled resistance through a 27" (68 cm) 10-blade fan. With every push, pull, and pedal, the resistance scales with your effort, making it ideal for everything from explosive interval sprints to steady-state endurance work. Built with a low-maintenance belt drive system, the AB920 provides a smoother, quieter ride compared to traditional chain-driven models, perfect for high traffic environments.

Designed with comfort and adjustability in mind, the large, cushioned saddle has 10 vertical and 6 fore/aft seat adjustments to fit a wide range of users. The multi-grip, dual action, textured handlebars and anti-slip ergonomic pedals provide maximum control and power transfer. Front foot pegs allow for targeted upper body training when isolating arm movements. The 5.5" backlit LCD console delivers real-time workout data including time, distance, calories, RPM, speed, watts, and heart rate, keeping you fully dialed into your performance.

The AB920 offers 9 pre-set programs for variety and structure, featuring interval training, target-based goals, and heart rate control options. With Bluetooth connectivity, users can sync with heart rate monitors and third-party fitness apps. Additional conveniences like an integrated device holder, water bottle holder, and transport wheels with dual levers round out this premium training tool for any serious fitness space.

AB920 AIR BIKE

- Dual action, multi-grip handlebars with textured grip and front foot pegs
- Large cushioned, fully adjustable saddle (10 up/down, 6 fore/aft)
- 5.5" backlit LCD displays time, distance, calories, RPM, speed, watts, and heart rate
- 9 pre-set programs: quick start, 3 interval, 5 target
- 27" (68 cm) diameter, 10-blade fan produces infinite levels of air resistance
- Belt drive for reduced maintenance compared to chain drive
- Balanced anti-slip ergonomic pedals
- Integrated phone/tablet holder and water bottle holder
- Bluetooth connectivity for heart rate and 3rd party apps
- Transport wheels and lift bar with dual front/rear levers



Device Holder

Quick Keys

Target Display



Interval Display

Function Keys

Heart Rate Display

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EQUIPMENT SPECIFICATIONS

Console	5.5" backlit LCD displays time, distance, calories, RPM, speed, watts and heart rate
Programs	Quick start, 3 interval (20/10, 10/20, custom), 5 target (time/distance/calories/HR 65%/HR 80%)
Heart Rate	Bluetooth and 5kHz compatible (chest strap not included)
Resistance	Infinite air resistance - 27" (68 cm) diameter, 10-blade fan
Drive Train	Belt
Power	Console requires 4 AA batteries
Handlebars	Multi-grip, textured
Seat	Cushioned foam saddle
Seat Adjustment	10 vertical, 6 fore/aft
Pedals	Anti-slip, ergonomic
Frame	Double powder coated, heavy-gauge, high-strength steel
Dimensions	62" L x 13" W x 57" H, 147 lb (157 L x 77W x 146 H cm, 67 kg)
Packaging	57" L x 16" W x 35" H, 175 lb (145L x 41 W x 88 H cm, 80 kg)
Max User Weight	350 lb (160 kg)

WARRANTY INFORMATION Commercial (All Facilities) – 'S B N F: 5 Years, Parts: 2 Years, Labour: 1 Year