

CARDIO

Adaptive Motion Trainer®

AMT® 835

Product Highlights

The AMT 835 with Open Stride™ is the only variable stride cardio equipment with adjustable step height, allowing exercisers to train in a variety of stride paths, including running, jogging, and stepping. With one piece of equipment that creates an array of movement patterns, you can maximize valuable floor space and help exercisers stay engaged in their workouts. The AMT combines essential reliability and ease-of-use with smooth, flowing, and precise motion to add value to your facility.

Product Features

P31 CONSOLE

A LED console that works harder for you, your exercisers, and your servicers. Exercisers will enjoy the well-placed resistance and height controls, as well as accessible workout options. Supercharge your servicers' efficiency by providing detailed equipment status information, reducing downtime on your fitness floor.

OPEN STRIDE™

Open Stride™ is a unique feature that allows exercisers not only to dynamically adapt their stride length from zero to 36 inches (0 to 91 cm), but also to adjust their stride height from 6.8 to 10 inches (17 to 25 cm), providing an infinite range of stride paths to engage several muscle groups. Open Stride™ can be adjusted from level 1 to 5 with the tactile motion controls.

HANDLEBARS FIT EVERYONE

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate* sensor built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

TOTAL BODY WORKOUT IN ONE PIECE OF EQUIPMENT

Exercisers can go from short stride to long stride, walking to running, climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.

Specifications

Dimensions (L x W x H): 80 x 35 x 69 in / 203 x 89 x 175 cm

Product Weight: 412 lb / 187 kg

Max User Weight: 350 lb / 159 kg

Power: Self-powered

Total Workouts: 6

Resistance Levels: 20

Adjustable Stride Length: 0 - 36 in / 0 - 91 cm

Stride Height: 6.8 - 10 in / 17 - 25 cm

Language: English, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish, Turkish

Accessories: Integrated Reading Rack, Mobile Device Charger (Standard), Cable Management (Optional)

Warranty: Visit www.precor.com for warranty terms.



Black Pearl

*The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.