

BTB Fitness Equipment Services LTD.



Stability • Innovation • Depth • Value



OPENHUB™



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Stability • Innovation • Depth • Value

StarTrac Treadmills



Stability • Innovation • Depth • Value



STAR TRAC 8-TRX TREADMILL

When designing the new 8-TRx, we started with the most solid foundation you could have – more than 20 years of treadmill superiority. And while most would have been content in making subtle improvements to an already proven design, we set out to create the ultimate marriage of user experience, benefits, desires and features ever put under foot. The result is nothing short of impressive.



STAR TRAC 8-TR TREADMILL

Two decades of treadmill design leadership have positioned us for success with multiple models to meet the needs of every market segment. When you're looking for a full commercial treadmill experience with a budget in mind, the 8-TR is a great place to start.



STAR TRAC S-TRC TREADMILL

Pre-wired for the S Series PVS entertainment system and powered by a 5-HP AC motor, the S-TRc treadmill features a user-friendly console and keypad with a large service scrolling message window, user-specific workout programs, a dedicated heart-rate display, Polar telemetry, and multiple cup and accessory holders. The Soft Trac triple-cell cushioning system provides maximum shock-absorption, and centered dual-adjustable personal fans enhance comfort.



STAR TRAC S-TRX TREADMILL

S is for simple, solution or smart, but one thing S will never stand for is sacrifice. Designed specifically for those looking for solid, commercial quality operation at an exceptional value.

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STAIRMASTER HIITMILL AND HIITMILL X

These Treadmills are self-powered speed and strength training tools designed to build explosive power when used in a High-Intensity Interval Training program. These High-Intensity machines deliver an effective resistance training platform that captures the benefits of speed and agility training, lateral training and sled training



HITRAINER ATP

Fast and efficient, ATP strength conditioning provides a unique selection of short, challenging interval training and sprint protocols. An ideal station to introduce HIIT (high-intensity interval training), the ATP model is also the perfect anchor for a cross-conditioning circuit or athletic-training program. Instant ATP performance feedback motivates users to realize their potential while promoting healthy competition in the facility.



SPEED FIT

A motor-less treadmill that provides a better running experience than traditional motorized treadmills. Built for performance and high quality, this non-motorized and Curve Treadmill delivers an unparalleled running experience on this zero-maintenance treadmill. These affordable and finest manual treadmills (Speedfit LITE and ProXL) are built to provide years of trouble free operation. Incorporated with various features, whether running that marathon training, or working on your fitness, these curved and non-motorized SpeedFit Products will provide that extra edge.



WOODWAY CURVE

The completely self-powered, manual WOODWAY Curve Treadmill offers a one-of-a-kind workout experience that requires zero electricity. Feel the freedom of this totally manual treadmill while running or walking on the unique curved running surface where you are the motor. The Curve Treadmill challenges the entire body while burning up to 30% more calories than any other treadmill.

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Treadmills



WOODWAY 4FRONT

This is not just a treadmill; it is our commitment to providing the most innovative, longest lasting, and most comfortable treadmill solution to all of your fitness needs. The 4Front represents everything we have learned so far and everything we aspire to be as a company.

It is the next generation in a long line of products that feature exceptional comfort and versatility courtesy of WOODWAY's patented Slat Belt running surface. The 4Front was designed to mimic the feel of running outdoors and to provide the user with a dynamic, low impact workout every time.



WOODWAY PATH

The Path is a lot like the 4Front in that it has many of the same qualities and luxuries you've come to expect from a WOODWAY, but it is shorter in length. The Path will save you floor space while still delivering the same comfort, performance, and great results.



SPIRIT CT850

Designed to withstand the rigors of a commercial fitness environment, the CT850 features a heavy-duty steel frame, a durable powder coat finish and large steel console masts for ultimate stability and durability. The cool running, brushless 4.0 Horse Power AC Drive motor adds to the reliability of the treadmill while providing the torque and smooth continuous power required by the unique needs of its users



SPIRIT CT800

The CT800 is stout and extremely durable, weighing in at over 350 lbs. The combination of the heavy duty steel frame and aluminum console masts & side rails make it comparable to treadmills at much higher price points in the commercial market. The large workout area makes this model very appealing to walkers and runners.

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STARTRAC 8-CT ELLIPTICAL

We like to think of it as one machine that actually does everything well. Elliptical training has become second only to treadmill training in facilities across the globe and it has become one of the most important cardio categories in the eyes of many clients. Finding the right motion, creating user-centric safety features and offering the industry's best entertainment solutions was paramount in our Cross Trainer design.



STARTRAC S-CTX

This Elliptical offers the same great physical benefits as our other Cross Trainers. Our pedal placement design offers a best in class Q factor for enhanced biomechanics and our SoftTrac® pedal ensures maximum comfort throughout the training session. The result is a better, more effective and more efficient workout. The Star Trac S-CTx is pre-wired for the S-Series PVS entertainment system.



STARTRAC 8 SERIES REAR DRIVE ELLIPTICAL

Elliptical training has become second only to treadmill training in facilities across the globe and it has become one of the most important cardio categories in the eyes of many clients. When designing our 8-Series Rear Drive Elliptical, we wanted to create a comfortable and natural stride pattern, while offering user-centric safety features and the industry's best entertainment solutions



STARTRAC 8-VS VERSASTRIDER

The new VersaStrider is designed to create the ultimate user-centric elliptical training experience. MyStride™ technology allows users to stride at the length they want, when they want. No buttons to press, no levers to pull. Simply get on, and stride at the speed and length you desire, VersaStrider will follow your lead. MyStride let's you find your stride.

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OCTANE XT4700 ELLIPTICAL

Expertly designed to fuel lives, the new XT4700 delivers premium performance with top-of-the-line features. Walk/Jog/Run Quick Start buttons on the console get exercisers going at the touch of a button, with smoother motion, a longer stride length of up to 28" and interactive coaching for CROSS CiRCUIT and Workout Boosters. SmartStride interactive ergonomics customize stride length, and MultiGrip and Converging Path handlebars maximize upper-body engagement.



OCTANE XT3700 ELLIPTICAL

Built on the success of the popular Pro3700 elliptical machine, the XT3700 cross trainer sports a modern design with a streamlined shroud and a stronger frame. Exercisers benefit from Walk/Jog/Run Quick Start buttons on the console, smoother motion, a longer stride length of up to 24", interactive coaching for CROSS CiRCUIT and Workout Boosters and advanced programs like 30:30 and MMA.



OCTANE PRO 3700 CLASSIC ELLIPTICAL

The Pro3700 Classic elliptical machine offers the same high-end performance features and exceptional quality at an unbeatable value. The Pro3700 Classic features the natural, smooth motion that Octane is known for with close pedal spacing along with the patented MultiGrip and Converging Path handlebars so it fits users of all sizes.



OCTANE 310 ELLIPTICAL

The space-efficient design of the Pro310 lets you place it virtually anywhere in compact fitness centers. It offers the same great features as Octane's commercial grade units, but in a smaller footprint for greater versatility. With a low step-up height, the Pro310 can be used in rooms with lower ceilings as well.

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Specialty Ellipticals



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OCTANE XT ONE

Maximize the space, versatility and excitement on your cardio floor with this all-in-one elliptical machine that does it all. The new XT-One equips members to walk, run, hike or climb for customized workouts – all on ONE revolutionary machine. No more having to fit in different adaptations of cross-trainers; the XT-One satisfies all needs and fitness levels in a compact footprint..



OCTANE ZR8000

The Zero Runner offers the same great workout, but without the pain or the additional costs of ownership. Enabling virtually anyone to walk, jog or run safely and comfortably, the ZR8000 offers state-of-the-art design that replicates an exerciser's natural form but eliminates the stressful impact. Built with cutting-edge innovation, and without a belt, deck or cord, the Zero Runner revolutionizes the cardio floor and enables exercisers to maximize workout effectiveness while minimizing discomfort



OCTANE LATERAL X

Move members in an entirely new direction, with smooth 3-D motion that goes from a vertical elliptical stepping motion to an active side-to-side motion for functional exercise that challenges the entire body for better conditioning and even better results. In fact, research shows that Lateral X elliptical users benefit from a 27% increase in calorie burn and a 30% increase in inner and outer thigh work over traditional standing elliptical machines. Plus, exercisers appreciate the variety in movement – and the ability to target the glutes, hips and thighs – whether they are rehabbing from an injury, training for athletics or just shaping up.



OCTANE XR6000 RECUMBENT ELLIPTICAL

Octane's xR6000 xRide commercial recumbent elliptical delivers more benefits than other seated facility equipment like recumbent bikes, rowers and seated steppers. Research shows that you use 343% more glutes and burn 23% more calories on the xR6000 elliptical compared to a recumbent bike, thanks to Octane's exclusive PowerStroke technology. That means better results for you.



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Stability • Innovation • Depth • Value

Upright & Recumbent Cycles



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STAR TRAC 8-UB UPRIGHT BIKE

A gym standard that looks, feels and rides like anything but one. Take a classic, reliable standby category and give it a healthy dose of reliability, style and energy – that's what you'll find with each and every one of our upright bikes



STAR TRAC S-UBX UPRIGHT BIKE

The S-UBx is prewired for the S series PVS entertainment system, and its user-friendly console features a motivational track, personal fan, accessory holder, and large control buttons. Dynamic heart-rate control adjusts exercise intensity, for interval training. The easy-up seat adjustment makes seat position changes simple.



STAR TRAC 8-RB RECUMBENT BIKE

Easy and comfortable. How do you improve on an already great recumbent bike experience? You make it as comfortable as a great chair. You start by making sure it features the same Morse Taper bottom bracket and pedal system that is unique to Star Trac bikes. That's exactly what we did. Then, we kept going with a modern iconic design offering the industry's most comfortable back rest, a walk-through frame design, heart rate bar and adjustable reading station, dual-platform pedals and Star Trac's signature personal fans.



STAR TRAC S-RBX RECUMBENT BIKE

Based on the award-winning design of the Star Trac family of cardio, the StarTrac S-RBx recumbent bike boasts approachable and comfort-driven features. This makes the S-RBx recumbent bike a perfect solution for exercisers of any age or ability..

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Steppers Stepmills Treadclimbers



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STAIRMASTER GAUNTLET STEPMILL

Beginning with the first stepping machine in 1983, StairMaster® has been a legendary name in the gym. Today the tradition continues with the Gauntlet®. Building on 30 years of experience and proven performance, the Gauntlet provides a superior combination of cardio and strength training in our most comfortable design ever. The machine features a deeper, wider step surface with durable, rust-free polypropylene construction and is now available with all three smart, affordable, flexible, OpenHub™ console options. Its combination of quality and innovation delivers a workout that's head and shoulders above anything else in the gym



STAIRMASTER 8 SERIES STEPPER

The 8 Series Freeclimber by StairMaster is a commercial step machine with independent step motion used to increase heart rate and burn body fat during cardio exercise. Climbing is a challenge of endurance. And the high-intensity, short-duration workout of a StairMaster FreeClimber is unbeatable. Speed control buttons allow you to increase or decrease the intensity of stepping action at any time during your workout



STAIRMASTER TREADCLIMBER 5

Walking is the #1 fitness activity in the world. TreadClimber5™ builds on this everyday motion and makes it exponentially more effective. With its unique design, the front foot steps up as much as an 18° incline, but the treadle falls, so at push-off, users are stepping on flat ground – it's essentially like walking on sand. TreadClimber5 also allows for a natural stride length, so there's no compromise for short or tall users. It brings a new challenge to walking without any comfort drawbacks – and not to mention, it brings proven results. We're talking a high-burn, low-impact workout that burns 2x the calories as walking the same speed on a flat treadmill.

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Indoor Cycling



SCHWINN A.C. PERFORMANCE PLUS CARBON BLUE - The Schwinn AC Performance Plus with Carbon Blue is in a class by itself with enhanced ergonomics, comfort and function wrapped in an even more beautiful package. Schwinn launched a phenomenon with the first production bike designed specifically for indoor cycling, and we've never looked back. Our newest bike, the Schwinn AC Performance Plus with Carbon Blue Indoor Cycle, is designed to enhance rider comfort with an infinitely adjustable seat and handlebars, a wider step-through and durable, covered stretch pads – all surrounded by a rust-free aluminum frame. A stronger drive train with carbon core technology belt drive make for easy maintenance while delivering an authentic riding experience indoors.



SCHWINN AC PERFORMANCE PLUS - Featuring a light-weight, rust-free aluminum frame, an innovative magnetic resistance braking system, and a comfortable, ultra-adjustable design, the Schwinn A.C. Performance Plus is a contender for one of the best indoor bikes you can buy. Schwinn has been in the business of making bicycles of all types for over 100 years and with a history that extensive, you can trust they know what they are doing when it comes to things that spin.



SCHWINN AC SPORT CARBON BLUE

This innovative bike belongs in a class by itself – but your riders will definitely want it in theirs. The Schwinn AC Sport with Carbon Blue Indoor Cycle was designed from the ground up specifically for indoor cycling – with the added benefit of low maintenance with the Carbon Blue™ drive belt system. The Schwinn AC Sport with Carbon Blue comes standard with Double Link pedals with SPD and toe-clip combinations to accommodate both cycling cleats and regular athletic shoes.



SCHWINN IC PRO2

Evolved from the first production indoor cycling bike built by Schwinn over 20 years ago, the modern IC Pro has helped build indoor cycling into one of the most popular fitness activities in the world – all while building a reputation for performance. The IC Pro20 features classic Schwinn styling with a chain drive for authentic bike fee.



SCHWINN ECHELON 2 CONSOLE

POWER (Watts), RPM (Cadence), KCal (Calories), Heart Rate (with Strap) STAGE Time, Distance, and Power, and TOTAL Time, Distance and Power, Gear 1-36

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STAR TRAC STUDIO 7

The Studio 7 will deliver all the reliable, strong and durable design that we know from the old Star Trac spinning bikes. This machine combines multiple features that will make this bike user friendly and comfortable. The high quality biomechanics and high degree of adjustability delivers the optimal bike fit for any rider no matter your shape or ability. The Selected components that are featured in this bike are low maintenance and have exceptional quality ride after ride. The Morse Taper design which is a durable pedal system that keeps the pedals securely fastened to the bike and prevents breakages.



STAR TRAC STUDIO 5

The Star Trac Studio bikes combine user-focused features, best-in-class biomechanics and a high degree of adjustability to deliver the optimal bike fit for riders of all shapes, sizes and abilities. To maintain uncompromising quality ride after ride, Studio bikes also feature a patent pending bottom bracket that exceeds industry standards, rust-defying materials and rock solid construction. We've selected components that are low maintenance and offer uncompromising quality ride after ride



STAR TRAC STUDIO 3

The Star Trac Studio 3 brings the traditional indoor cycling bike into the new age with modern style and updated features. The sturdy steel frame, heavy perimeter weighted flywheel, and traditional chain drive give this bike a rock solid build that will keep it moving ride after ride. The Studio 3 is compatible with our feature-rich cycling console that provides motivating user feedback and metrics.

FEATURE-RICH CONSOLE OPTION

Complete the package by incorporating the most popular tools for rider feedback — time, distance, calories and RPM — into your ride. Our console brings motivation and measurement to the group cycling studio and is compatible with all Studio bikes. A compact display that is easy to use and easy to read, makes a great bike even better.



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STAGES SC3 INDOOR BIKE

The Stages SC3 is what happens when passionate riders build indoor bikes. Ergonomically fit and engineered for simplicity and function, the SC3 seamlessly and wirelessly connects to your technology via Bluetooth® and ANT+™. The SC3 is the only indoor studio bike that comes standard with a Stages Power meter and self-generating EcoSCRN display.



STAGES SC2 INDOOR BIKE

Built from aluminum with a focus on stability, the SC bikes are designed to emulate the noticeably smoother feel of freshly cured asphalt that every cyclist yearns for. Ergonomically fit and engineered for simplicity and function, the SC2 indoor bike can be upgraded with the optional Stages Power meter and Stages standard battery powered console



STAGES SC1 INDOOR

Boasting a solid steel frame with a focus on stability, the SC1 bike is designed to emulate the noticeably smoother feel of freshly cured asphalt that every cyclist yearns for. Ergonomically fit and engineered for simplicity and function, the SC1 can be upgraded with the Stages Power meter and a standard battery powered console. The SC1 is our entry level bike, but still offers premium features.

STAGES CONSOLE

Our console doesn't just display a rider's power output. It uses it. Running on power generated by your riders, the unique Stages EcoSCRN display gives cyclists the incentive they need to keep pedaling – accurate data. And the always-on backlight makes it easy to track numbers under any lighting conditions and vision-distorting efforts,

Dynamo-powered console for SC3

Transfers ANT+™ workout data to a standard USB drive



Wind Resistance Cardio Machines



STAIRMASTER AIR FIT BIKE -- StairMaster has been a leader in the commercial cardio market and backs the AirFit. The dual action AirBike combines both cardio and strength to dual action wind resistance. This provides an upper and lower body workout as well as cardio workout. The result is a true total body workout. Technology transfers from Schwinn bikes have been employed to provide a new, large seat cushion, improved for added comfort and support and a belt drive system that provides for continuous pedaling like a bicycle.



AIRDYNEX -- Octane Fitness has adapted the iconic Airdyne Pro for commercial use with the all new AirdyneX. Building on the Airdyne's long heritage of innovation and performance, the self-powered AirdyneX boasts Octane's trademark durability, with heavy-duty construction and a moisture-repellant frame



SCHWINN AIRDYNE AD PRO --The new Schwinn® Airdyne® AD Pro leverages the iconic Schwinn air resistance reputation of durability and performance and updates it with a design and feature set in perfect alignment with today's unique fitness challenges and environments. Whether you use it to bring your workouts to a new level or require the perfect total body cardio workout machine for your home; the new Schwinn® Airdyne® AD Pro delivers the latest in air resistance technology for effective and efficient workouts.



STAIRMASTER AIRFIT UPPER BODY -- When it comes to discipline and perseverance, few workouts will challenge you more than those on the Upper Body Ergometer. Whether used in a rehabilitation setting or high performance fitness center, the AirFit UB's adjustable tower, convertible crank arms and comfortable grips let you tailor the workout with the right range of motion for your shoulders, back, wrists, and elbows



CONCEPT 2 MODEL D INDOOR ROWER -- The dependable performance of our Model D Indoor Rower has made it the best selling indoor rower in the world. Recognized by competitive rowers as the standard for indoor training.

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JACOBS LADDER

The Jacobs Ladder provides the most efficient exercise for those serious about conditioning. Unlike most cardio machines, this patented treadmill climber utilizes low impact, high range of motion exercise to provide a superior cardio workout to both the upper and lower body. Jacobs Ladder is an innovative cardio machine with ladder-type rungs on a non-motorized continuous treadmill. It's self-paced, so the faster you go, the faster it goes



LADDERMILL

The Laddermill ascender is a revolutionary new fitness concept. We've married the simplicity of ladder climbing with the advanced features you find on our Treadwalls. You can adjust the angle from an easy inclined angle to an intense overhanging power workout. Both experienced climbers and new users alike will instantly benefit from the core strength and balance gained from Laddermill training.



EXPRESSO HD UPRIGHT BIKE

The coolest and most fun piece of cardio equipment ever imagined. A powerful motivator for all fitness levels, Espresso HD keeps exercisers engaged, improving and loyal. Challenges bring the community together working towards a common goal. Not to mention it's a killer showpiece for your home or fitness facility..



VMX ROPE TRAINER

The VMX Rope Trainer features multi-mode adjustment for vertical, diagonal, horizontal and reverse pull. The easy-to adjust sliding carriage allows for increased versatility for strength, cardio and functional training. The ability to alternate rope heights, grips and pull directions makes the VMX Rope Trainer the ultimate functional training tool.



MARPO X8 - MOUNTABLE ROPE TRAINER.

The X8 - MOUNTABLE ROPE TRAINER also allows for multi-direction rope workouts through the use of AUXILIARY PULLEYS. It is designed to mount on group training cages or other rack like equipment as well as on concrete walls. It's compact design form makes it very easy to fit in small foot print areas and when installed in clusters, it is the perfect group training tool.

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SPIRIT MT200 GAIT TRAINER TREADMILL

The MT200 features one speed control motor, an incline motor, and a decline motor. Three motors together help users to achieve bi-directional training in combination with uphill or downhill protocols. Adding more versatility to exercise and therapy options, the parallel bars, deck height, and belt speed acceleration are adjustable in small and precise increments



SPIRIT RECUMBENT TOTAL BODY STEPPER MS300

The MS300 facilitates full body exercise in coordinated, linear, natural 1:1 leg and arm motion. Self-adjustable stroke length accommodates patients' specific range of motion capabilities, providing low impact movement for knees, ankles, and hips in a safe semi-recumbent position. Versatile for different training emphasis, MS300's unique quadrilateral exercise pattern allows users to selectively distribute different extent of exercise efforts across their four limbs.



NU STEP T4R

The T4r provides a smooth and natural motion that delivers a low impact, inclusive, total-body cardiovascular and strengthening workout for virtually all users.



SPIRIT MR100 RECUMBENT LOWER BODY ERGOMETER

The MR100's recumbent design pays particular attention to hip and lower body joint mobility, allowing optimal rehabilitation at a relatively relaxed posture. Users may input desired knee flexion angles and the software will suggest the pedal and the seat's fore/aft position. Variables such as body symmetry and limb length can be taken into account for clinicians to finely tailor to every patient's needs. The MR100 is equipped with the standard MA900 Rehabilitation Adjustable Crank, which operates in a closed-kinetic chain environment.



Nautilus Selectorized Equipment



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NAUTILUS ONE™



Leg Press
Model S6LP



Leg Extension
Model S6LE



Seated Leg Curl
Model S6LC



Hip Abduction/Adduction
Model S6AA



Chest Press
Model S6CP



Pec Fly
Model S6PF



Lat Pull Down
Model S6LATP



Row
Model S6MR



Shoulder Press
Model S6SP



Lateral Raise
Model S6LR



Biceps Curl
Model S6BC



Triceps Press
Model S6TP



Triceps Extension
Model S6TE



Abdominal Crunch
Model S6ABC



Rotary Torso
Model S6RT



Low Back
Model S6LB



Four Way Neck
Model S6FWN

Nautilus One®

Nautilus one Strength equipment combines revolutionary weight stack technology and the most intuitive and user-friendly selection method ever created: a dial. Our unique 4-bar linkage and specialized cam design provides smooth resistance and proper muscle loading through the complete range of motion, while fewer guide rods, cams and pulleys extend the life of this product well past other machines. For a unique, safe and effective strength training experience, there is only ONE choice that will ensure your facility stands out from your competition.



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INSPIRATION STRENGTH®



Leg Press
Model 9-IPLP2



Leg Extension
Model 9-IPLP2



Leg Curl
Model 9-IPLC2



Abduction/Adduction
Model 9-IPAA2



Glute Press
Model 9-IPGM2



Chest Press
Model 9-IPVP2



Lat Pull Down
Model 9-IPPD2



Vertical Row
Model 9-IPVR2



Pec Fly/Rear Deltoid
Model 9-IPPF2



Shoulder Press
Model 9-IPSP2



Deltoid Raise
Model 9-IPDR2



Biceps Curl
Model 9-IPBC2



Bilateral Arm Curl
Model 9-IPBA2



Triceps Press
Model 9-IPTD2



Triceps Extension
Model 9-IPTE2



Abdominal
Model 9-IPAM2



Abdominal Crunch
Model 9-IPAC2



Back Extension
Model 9-IPBE2



Dual Adjustable Pulley
Model 9-IPDA2

Nautilus Inspiration

This amazing Strength line delivers a series of must have updates to an outstanding strength circuit. Redesigned with beautiful, modern aesthetics and uniform towers, Nautilus Inspiration makes a powerful first impression. Each machine captures the essence of natural human movement. Members will appreciate the many easy to use and easy to see features like the wrap around assisted seat adjustment, pre-stretch and range of motion controls designed to enhance each user's experience



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NAUTILUS EVO™



Leg Press
Model S9LP



Leg Extension
Model S9LE



Seated Leg Curl
Model S9LC



Prone Leg Curl
Model S9PLC



Hip Abduction/Adduction
Model S9AA



Seated Calf
Model S9SC



Vertical Chest
Model S9VC



Incline Press
Model S9IP



Pec Fly
Model S9PF



Lat Pull Down
Model S9LATP



Mid Row
Model S9MR



Compound Row
Model S9CR



Pullover
Model S9PO



Rear Delt / Pec Fly
Model S9RDPF



Overhead Press
Model S9OP



Lateral Raise
Model S9LRPH



Preacher Curl
Model S9PC



Biceps Curl
Model S9BC



V-Triceps Extension
Model S9VTE



Triceps Extension
Model S9TE



Seated Dip
Model S9SD



Graviron Machine
Model S9GRV



Abdominal
Model S9AB



Lower Back
Model S9LB



Rotary Torso
Model S9RT

Nautilus Evo®

This Strength equipment adapts itself to the way the body moves instead of forcing users to adapt to the machine. Our four-bar linkage system and cam have been designed to dynamically mirror the body's strength curve. Nautilus users get immediate, smooth resistance and proper muscle loading through the complete range of motion. Expect unprecedented results from the First Name In Strength.



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IMPACT STRENGTH®



Impact®

This line brings many subtle innovations to the power of your next weight training workout. It is the evolution of the proven biomechanics and user features that have made the strength line a solid, competitive product. This line retains all the unique, proven, individual design features that customers have stated are ideal such as Pre Stretch, Start Assist, Range of Motion selection, Graduated and Standard Heavy Weight Stacks. Impact Strength incorporates new aesthetics and biomechanics features that have established its position as a competitive and diverse strength product line.



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INSTINCT®



Leg Extension
Model NL-S1010



Leg Curl
Model NL-S1011



Dual Leg Extension/Leg Curl
Model NL-D1014



Dual Leg Press/Calf Raise
Model NL-D1013



Dual Inner/Outer Thigh
Model NL-D1015



Glute Press
Model NL-S1012



Chest Press
Model NL-S2100



Dual Multi Press
Model NL-D2120



Dual LatPullDown/Vert Row
Model NL-D3340



Lat Pull Down
Model NL-D2120



Vertical Row
Model NL-S3310



Shoulder Press
Model NL-S4100



Dual Pec Fly/Rear Delt
Model NL-D2110



Biceps Curl
Model NL-S5100



Triceps Extension
Model NL-S5110



Dual Bicep Curl/TricepExt
Model NL-D5120



Rotary Torso
Model NL-S6300



Dual Adjustable Pulley
Model NL-D2002



Dual Abdominal/Low Back
Model NL-D6330



Multi Adjustable Bench
Model NN-B7501



Adjustable Ab/Decline Bench
Model NN-B7200



Ab Bench
Model NN-B7505



45° Back Extension
Model NN-B7502



Dumbbell Rack-2Tier
Model NN-R8001



Dumbbell Rack-3Tier
Model NN-R8002



Olympic Flat Bench
Model NN-B7503



Olympic Incline Bench
Model NN-B7201

Instinct

When it comes to a complete workout, it's all business. Whether you're an experienced athlete or a beginner, everyone wants the ability to get a quick, easy and complete workout. And that's exactly what Instinct Strength is all about. Each piece welcomes users of all levels with quick and easy adjustments for efficient workouts.

Perfectly suited to be a basic strength line or circuit system, Instinct effectively complements more specialized lines. Exercisers can complete a circuit on their own or with the assistance of an instructor in just 30 minutes. Instinct Strength offers both single and dual function units to meet the needs of any space or facility. Instinct also offers the revolutionary Lock N Load patented weight selection system. The versatility of Instinct's small footprint also lets you get the most from minimal space, while blending seamlessly with our cardio line for a cohesive facility look

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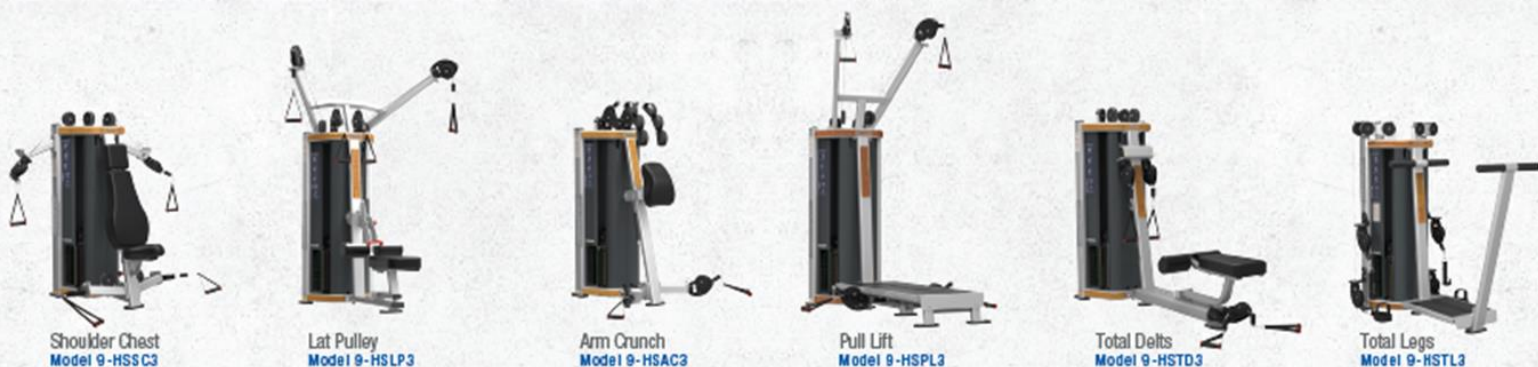
Nautilus Selectorized Equipment



Stability • Innovation • Depth • Value

Stability • Innovation • Depth • Value

HUMANSPORT®



HUMANSPORT - With a design inspired by the graceful, natural motions of the human body, HumanSport offers a truly unique and human way of conditioning. HumanSport is so simple, so intuitive and so natural that it feels as if it were custom-built for each and every user. Six dual-function, cable based machines act as twelve workout stations by utilizing dual weight stacks to provide a wide range of total body training. Paired with a variety of included programming designed by our own Master Trainers, HumanSport makes a powerful addition to any facility.

LEVERAGE®



Leverage – This line offers a one of a kind plate loaded experience with features that outshine the competition. Leverage features stainless steel knurled grips, assisted seat adjustments and user defined pre-stretch settings. Using multiple levers and cams, Leverage creates a unique lifting profile for each movement that maximizes the mechanics of the human body. With a sleek look and integrated storage, the Leverage strength line will appeal to facility operators and their members. It's all about the feel and once you've worked out on Leverage, pushing and pulling weight plates will never be the same

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Cable Crossover Dual Adjustable Pulley

MULTI-STATIONS



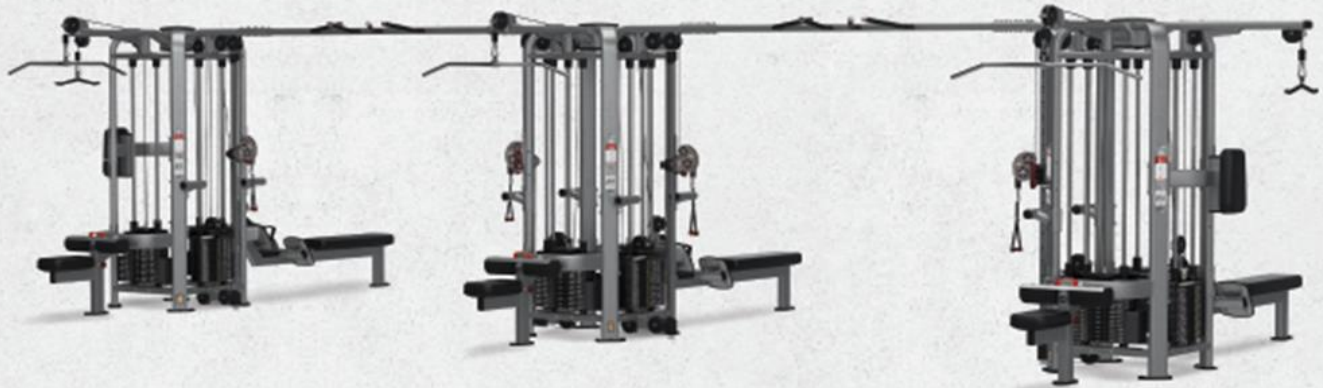
Cable Cross Over
Model NP-M9201



5 Station
Model NP-M9605



9 Station
Model NP-M9619



14 Station
Model NP-M9620



INSPIRATION DUAL ADJUSTABLE PULLEY

The Dual Adjustable Pulley offers dozens of total body exercises in one machine along with unmatched range of motion and core training. Star Trac's Inspiration Strength's® robust design of the DAP is suitable for a health club or the finest home gyms, It features dual pulleys that can be moved with one hand using the trigger-style adjustment. The large instructional placards detail twelve basic exercises. Countless variations of the basic exercises are possible using the included accessories

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Atlantis Selectorized Strength



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ATLANTIS STRENGTH PRECISION SERIES

Our premium quality product line distinguishes itself from the competition for its outstanding comfort, durability, and performance. Renowned for its superior biomechanics, you cannot beat the sensation of working out on the Precision Series.



ATLANTIS STRENGTH PERFORMANCE SERIES

The Performance Series is Atlantis' new value line. Built with our classic durability the Performance Series offers simple, sturdy machines that will perform in any setting. Available with standard and heavy weight-stacks, for those facilities that need a little more.



ATLANTIS STRENGTH NATURAL MOTION SERIES

The Natural Motion Series features 12 units that offer a wide variety of user-defined movements. Exercise with a natural feel, greater range of motion, and more freedom by defining your own path.



ATLANTIS STRENGTH V-SERIES

The V-Series is comprised of 5 units of cable-motion products designed for people with disabilities. The series is based on the Natural Motion Series and uses a swivel seat to allow for wheelchair access.



ATLANTIS STRENGTH DUAL STATIONS

Twin stack design allows two users to exercise simultaneously. Exclusive accessory clips cannot be removed without tools to prevent loss. Step up platform (on Lat Pulldown) allows shorter users to change accessory handles with ease.

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Atlantis S-500 Full-Body Workout Station (5 Stations)

Versatile full-body workout station allows 5 people to exercise simultaneously.

Features single station, commercial quality components.

Pressing station accommodates flat, incline, and upright presses with B-177 adjustable bench (included), as well as shrugs and squats (squat pad adapters included).



Nautilus Four-Stack Commercial Weight Machine

The Nautilus® four-stack commercial weight machine combines all the features and technology used in Nautilus'® world- famous Nitro™ Club Line into one all-inclusive strength system. It is perfect for hospitals, hotels, schools, apartment complexes or other places limited on space, but unwilling to compromise the fitness standards they've come to expect from Nautilus® products



Inflight Fitness Liberator

1" pillow block bearings on the press arm, ¼" 4000 pound rated cables and large 4 ½" and 6" pulleys ensure durability and quiet smooth operation.

Three 200lb. weight stacks.

Compact design is less than 8 foot square (even including optional leg press)



Inflight Fitness Vanguard

1" pillow block bearings on the press arm, ¼" 4000 pound rated cables and large 4 ½" and 6" pulleys ensure durability and quiet smooth operation.

Two 150lb. weight stacks (ten 10lb. plates, ten 5lb. plates).

Vanguard assembles in LH and RH configurations to offer the best exercise experience for your fitness room.

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Nautilus Plate Loaded Strength

PLATE LOADED



Freedom Rack®
Model NP-L8507



Smith Machine
Model NP-L8500



Angled Leg Press
Model NP-L1140



Hack Squat
Model NP-L1130



Tilt Seat Calf
Model NP-L1110



Incline Lever Row
Model NP-L3140



Glute Ham
Model P3GH



Leg Press
Model P3LP



Deadlift/Shrug
Model P3DLS

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Plate Loaded Strength Equipment



ATLANTIS STRENGTH POWER SERIES

Atlantis` new Plate-Loaded Power Series accommodates various user profiles with a wide range of adjustability which provides the utmost in comfort and stability. Feel the Strength



ATLANTIS PRECISION PLATE LOAD SERIES

Our premium quality product line distinguishes itself from the competition for its outstanding comfort, durability, and performance. Renowned for its superior biomechanics, you cannot beat the sensation of working out on the Precision Series.



LEVERAGE SERIES

Leverage® offers a one of a kind plate loaded experience with features that outshine the competition. Leverage features stainless steel knurled grips, assisted seat adjustments and user pre-stretch settings. Using multiple levers and cams, Leverage creates a unique lifting profile for each movement that maximizes the mechanics of the human body. With a sleek look, smaller foot print and integrated storage, the Leverage strength line appeals to users and club owners alike.



LEGEND LeverEDGE

Tough as nails, smooth operating, heavy duty plate loaded machines that mimic the feel of free weights in the safety of a machine. Isolateral movements with sturdy Pillow block bearings to withstand the heaviest of loads



LEGEND FITNESS PLATE LOAD SERIES

Your tough-as-nails, smooth operating, American-made Plate-Loaded Stations. Main frames are fully welded for maximum durability and rigidity.

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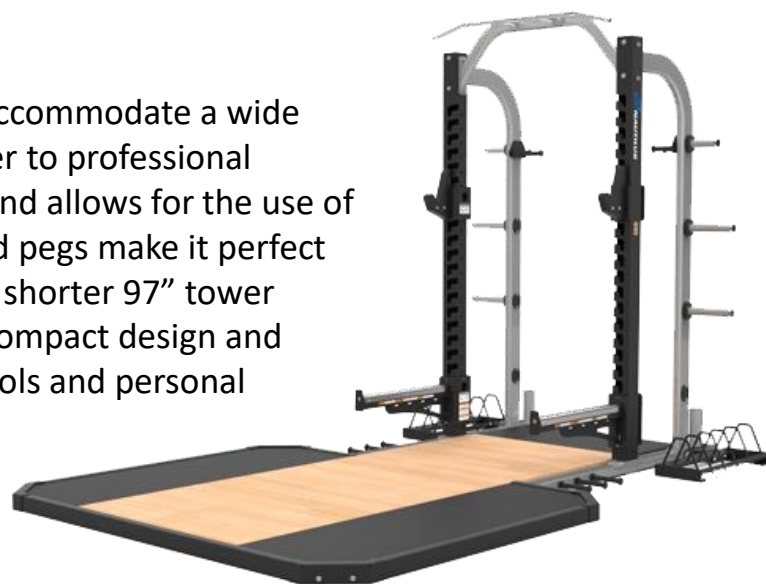


NAUTILUS POWER CAGE

Our bench and rack design flows seamlessly with our other strength products so you will notice a familiar look and feel. Our benches and racks don't just look strong; they exceed industry requirements in all respects. If you're looking for standards that are anything but standard, our benches and racks will never disappoint.

NAUTILUS HALF RACK

The sturdy and versatile Nautilus Half Rack is built to accommodate a wide range of exercises, movements and users from beginner to professional athlete. The open-front design lets users move freely and allows for the use of a variety of benches. The optional wood floor and band pegs make it perfect for athletic training and Olympic style lifting, while the shorter 97" tower means it can fit into facilities with lower ceilings. The compact design and built-in plate storage make our Half Rack ideal for schools and personal training facilities as well as larger facilities.



NAUTILUS SQUAT RACK

Numerous bar positions make this squat rack ideal for users of all heights. Wear surfaces feature cushioning over molded bar catches and contact points. Adjustable drop bars can be set to insure effective, safe operation.



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ATLANTIS PRECISION SERIES RACKS

Our premium quality product line distinguishes itself from the competition for its outstanding comfort, durability, and performance. Renowned for its superior biomechanics, you cannot beat the sensation of working out on the Precision Series.. Sturdy black 3" x 3" 7-gauge steel uprights.

14 slots spaced at 4" intervals for safety beams, bar hooks and accessories.

Cambered chin-up bar now with three height adjustments accommodates multiple gripping positions.

Standard 10 weight storage horns eliminate the need for separate weight trees.

Standard bar holders eliminate the need for separate Olympic bar holder



PRF1218 Power Rack 8'



PRF1219 Power Rack 9'



PRF1238 Half Rack 8'



PRF1239 Half Rack 9'



PRF1228 Multi-Rack 8'



PRF1229 Multi-Rack 9'



PRF1248 Poliquin Rack 8'



PRF1249 Poliquin Rack 9'

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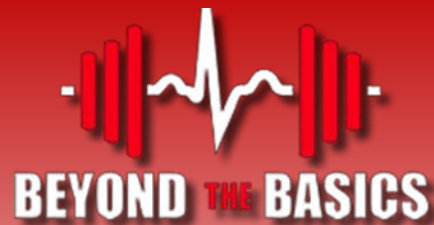
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Stability • Innovation • Depth • Value

Dynamic Racks & Cages



Stability • Innovation • Depth • Value



Dynamic Ultra Pro Power Rack - The Ultra Pro Rack Series brings professional level strength, next level functionality and superior Made in the USA quality to your training facility. Trusted by professional sports teams and D1 colleges and universities, the Ultra Pro line of racks sets the standard of quality in the strength training industry.

DYNAMIC EDGE POWER RACKS

Dynamic Fitness products are designed to offer the industry with the best built products within the athletic and fitness arena. Leading the way is our premium Edge Power Rack which brings superior quality, function, and versatility to any training facility. By offering custom features with ground breaking innovative designs, our products give your facility the foundation for success..



DYNAMIC TITAN SERIES RACKS

Our Titan Half Rack with storage offers all the features of an Olympic station with the ability to add storage and connect additional units as a facility expands and evolves. Training stations come standard with many features plus a wide variety of attachments to fulfill every site and station need. Dynamic Fitness products are designed to offer the industry with the best built products within the athletic and fitness arena

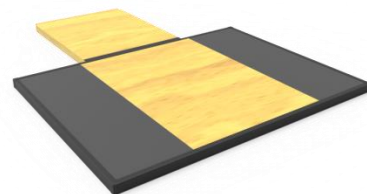


DYNAMIC GLADIATOR SERIES RACKS

Our Gladiator Power Rack System offers all the features of an Olympic station with the ability to add storage and connect additional units as a facility expands and evolves. Training stations come standard with many features plus a wide variety of attachments to fulfill every site and station need..



Accessories for Rack Systems



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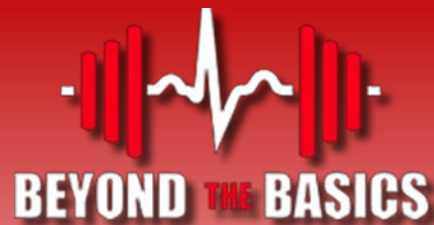
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Stability • Innovation • Depth • Value

Dynamic Edge Racks



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EDGE HALF RACK

500012H-99



EDGE 3/4 RACK

500013H-99



EDGE POWER RACK 8'

500014H-99



EDGE POWER RACK 9'

500015H-99



EDGE DOUBLE HALF RACK SP

500016SP-99



EDGE DOUBLE HALF RACK DP

500016-99



EDGE BAND STORAGE HOOKS
509135



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TITAN SQUAT RACK

400002-99



TITAN HALF RACK W/ STORAGE

400012-99



TITAN 3/4 RACK

400004-99



TITAN 3/4 RACK W/ STORAGE

400014-99



TITAN POWER RACK

400005-99



TITAN POWER RACK W/ STORAGE

400015-99



TITAN RIG STYLE POWER RACK

400001-99



TITAN DOUBLE HALF RACK SP

400016-99



TITAN FOLDING WALL MOUNT RACK

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Pro Series Half Cage



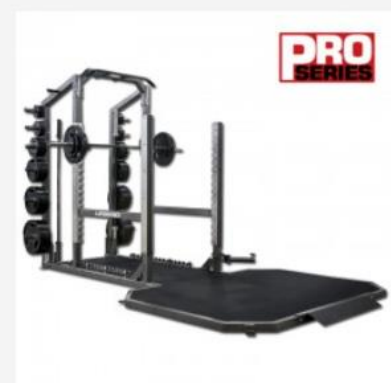
Pro Series Power Cage



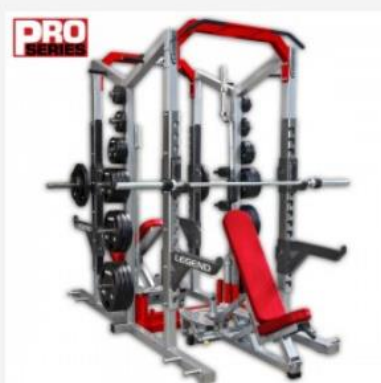
Continuum Lifting Station



Continuum Quarter Cage/Squat Stand



Pro Series Power Station



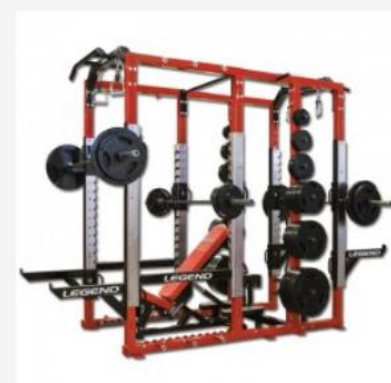
Pro Series Double-Sided Half Cage



Pro Series Modular Half Cage



Pro Series Modular Power Cage



Pro Series Triple Power Cage



Performance Series Power Rack



Performance Series Power Cage



Performance Series Half Cage

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ATLANTIS PRF1030 Glute & Ham

Foot assembly height and depth can be adjusted.

Rubber footplates on foot assembly provide Glute-Ham-Gastroc effect.

Step-through design and footplates allow user to get on and off of the unit easily . Half-moon pads allow a better pathway, as the knees are able to dig into the pad (as opposed to the rollers utilized by other units, which can cause them to slide off) Pads also allow for better eccentric loading by hamstrings and glutes



ATLANTIS PRP1040 Reverse Hyperextension

Adjustable roller pad allows users to select the ideal positioning.

Counterbalanced lever arm provides low starting resistance.

A Charles Poliquin favourite.



DYNAMIC Accell Economy GHD - Dynamic's starter Glute Ham Developer features welded construction for rigid support and smooth linear bearings for easy adjustability, all at a budget-friendly price. This is a capable, adaptable training tool for midline stabilization and strengthening of hamstrings and glutes, with practical application for many sports.



DYNAMIC Ultra Pro Reverse Hyper® - offers unique benefits that you won't find anywhere else. This machine was made with the health of your back in mind. It allows traction of the spine while rotating the sacrum during workouts. This device will develop the spinal erector, lumbar, glutes, and hamstrings with no compression of the spine for a stronger and more flexible athlete.



LEGEND Reverse Back Extension / GHD Combo - Posterior chain training in user-friendly selectorized form, plus bodyweight glute/ham developer attachment. Smooth, quick adjustments with pop pins and chrome-plated surfaces. Rollover pad design increases hip comfort.

Range of motion provides more low back stretch than competitive designs.

Leg roller pad provides the articulation necessary for proper form during Reverse Back Extension.

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LEGEND MONOLIFT - Monolifts, are by their very purpose, very serious devices, and the Legend 3908 Monolift certainly looks the part. To endure the sorts of loads that powerlifters demand, you expect to find features like a frame built from 4x4-inch, 11 gauge tubing. But, a massive-looking frame is only a part of what makes a device that needs to have a lot of resistance to impact forces. To understand how strong a monolift is, you also must look at every component between the hooks and the frame as well, and we were shocked at some of the weak points we found when we examined some of the lifts that were already out on the market



Legend Fitness Pulling Blocks - Place more focus on your hamstrings, glutes and core by performing partial cleans and deadlifts. By starting from a semi-raised position, you can eliminate the momentum that is gained in lifting from the floor. Fully welded and electrostatically powder coated. Rectangular design allows for three different heights.

Olympic Bar Jacks -- Olympic Bar stand elevates the bar to allow for easy loading and offloading of Olympic Plates. Take the hassle out of exchanging plates during heavy Olympic lifts! A long handle, rounded feet and a super low fulcrum point provide all the leverage you need to boost that bar off the floor just enough to move some plates around. Changing weight between sets no longer needs to be a two-man job.



Atlantis 10' Log Press

Farmer's Walk handles

Stand for Farmer's Walk Handles

Chalk Bowl/Pedestal



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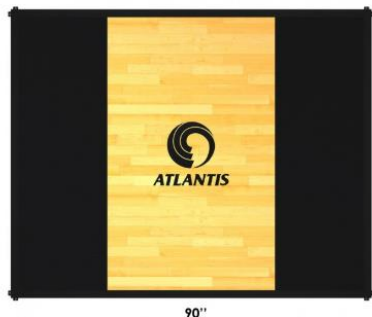
LEGEND HARDWOOD LIFTING PLATFORM -- Revisions to this weight room staple make it the longest-wearing, best value platform in the industry. The new CAD-developed octagonal frame consists of only four pieces – the left, the right, and the two ramps with flanges that cover and strengthen the joint between the two. Fewer frame bits mean more rigidity and greater ease of assembly. 3/4" thick rubber mats are cut with a water jet for a precision fit and manufactured to withstand the punishment it was built for.



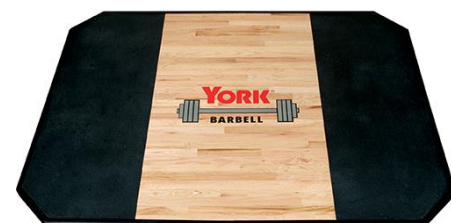
Legend Pro Series Insert Platform - Our octagonal lifting platforms make the perfect complement to our Pro and Performance Series Cages by providing a 6' x 8' lifting area with a handmade oak tongue-and-groove insert running back to fill the inside of the cage area. Unlike the channel frames of some of our competitors, our frame is constructed from 3 x 2 inch rectangular tubing for greater dent resistance. Also Available in solid Rubber as per photo



Legend Standard Lifting Platform -The best value you'll find anywhere on a quality lifting platform. No better platform exists at this quality and at this price point. The 3131 features a beautiful yet very durable laminated birch footing area, complemented precision cut rubber impact areas. Three inches thick with layered subflooring to take the abuse of the heaviest cleans. Four piece extruded tube frame is simpler, more rigid and more resistant to denting than the competition's complex channel frames.



Atlantis Hardwood surface (maple) - Stand-alone platform is ideal for Olympic lifts. Top quality tongue and groove maple wood surface is 42" wide and covered with transparent and satin polyurethane. In addition, frame contour is made of steel offering superior durability. Atlantis logo by default. Custom logos are available



YORK PLATFORMS - Platforms are available in solid Red Oak. Platforms may be used free standing or can be combined with an inset for use with any of the Modular Training Stations

DYNAMIC

CUSTOMIZE YOUR RIG



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FREEDOM RACK

The Freedom Rack®, part of Star Trac's Plate Loaded line is a machine where you can see and feel the strength. Patented technology provides simultaneous bar movement both vertically and horizontally. The Freedom Rack provides the safety of a Smith Machine and the diversity of a Power Rack. Multiple bar rack safety catches offer forward, rear and lower racking.



SMITH MACHINE

Star Trac's Smith Machine is enhanced with seven degree angle for better biomechanics during squatting and pressing motions. Adjustable red safety catches ensure proper execution of all exercises.



ATLANTIS E-155 SMITH MACHINE

Features easy to adjust, heavy-duty safety catches. Counterbalanced system uses steel cables for smooth operation. 680.4 kg/1500 lbs test Olympic bar is powder coated for improved grip. Specially ridged loading shafts alleviate need for collars. 2.5 cm/1" solid steel guide rods with hard chrome finish eliminate vibration and swaying. Standard weight storage horns eliminate need for separate weight trees.



INFLIGHT SMITH MACHINE

Attractive 2" x 4" flat oval tube construction. Six weight horns standard. Smooth travel on 1" linear ball bearings. Safety stops. Solid steel guide rods are angled at 7° for a more natural movement. The weight bar is counterbalanced to just 13lbs

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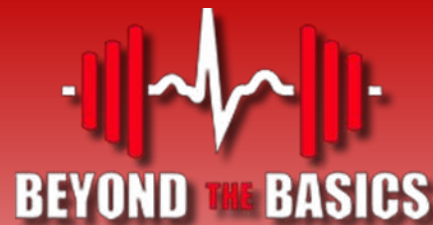
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Stability • Innovation • Depth • Value

Benches & Racks



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BENCHES & RACKS



NAUTILUS BENCHES AND RACKS

From Olympic benches which can be customized with or without weight storage to our one-of-a-kind abdominal and back extension benches, we've raised the bar for both aesthetics and function. Our benches and racks flow seamlessly with our other products so you will notice a family look and feel as you position your free weights along side our Strength Our benches and racks don't just look strong, they exceed industry requirements in all respects.

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Adjustable Benches

INSPIRATION MULTI-ADJUSTABLE BENCH

Our Multi Bench gives the user options for flat, decline, or incline positions. Quality, Durability and Luxury are the words that immediately come to mind with just one look and use. From extra thick padding to a frame that can handle the heaviest lift you can handle this bench is in a league of its own.



INSTINCT MULTI-ADJUSTABLE BENCH

- Removable wear strap for extended upholstery life
- Adjustable seat and back pads for precise positioning
- Dual rollers and hand grip for transport
- Rubber feet for floor protection



ATLANTIS B-177 ADJUSTABLE BENCH

- Backrest can be adjusted to 7 different positions from flat to upright.
- Weight bearing adjustment system bypasses pull-pins.
- Pads are seated in PVC tray to prevent damage caused by dumbbell use.
- Comes with wheels for easy transport.

INSPIRATION ADJUSTABLE DECLINE BENCH

Seven different positions from 0-30 degrees allow for versatility and complete range of motion. From extra thick padding to a frame that can handle the heaviest lift you can hold this bench in a league of its own.



INSTINCT AB/DECLINE BENCH

- Removable wear strap for extended upholstery life
- Adjustable back pad for precise positioning
- Fixed shin stabilization pads
- Dual rollers and hand grip for transport
- Rubber feet for floor protection



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Adjustable Benches



TROY VTX FLAT / INCLINE / DECLINE BENCH

VTX has a new FID Bench for vertical market use that adjusts to accommodate your workout. The VTX bench features a unique (4) hook system for optional band use, wheels on the back for easy transport, High-density foam padding for comfortable yet sturdy workout and a simple



DYNAMIC MULTI ADJUSTABLE LADDER BENCH

Needed to make any weight room complete; our Accell Multi-Adjustable Bench is always a top seller as a transportable product for weight racks and dumbbell areas. Our attention to detail makes our multi-adjustable the right choice.



Inflight FID Bench

This bench is built to last, it goes Flat, incline and decline. Flat height is only 17.5", so for shorter users it has a nice height to work from. With seven back pad positions and four seat pad positions this bench is ideal for your room.



Inflight Utility Bench

Rugged frame is constructed of 2" x 4" flat oval tubing.
Rubber wheels allow easy movement.
Back pad is angled ten degrees for comfort.
Space efficient design



YORK® Flat-To-Incline Bench

Highly adjustable to six positions.
Enables users to perform a wide variety of dumbbell exercises.
Handle and wheels on the base allow for easy movement.
High-density foam padding.

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Olympic Benches



INSPIRATION OLYMPIC BENCH PRESS

This Olympic bench features multiple bar catch heights to accommodate users on any size. Wear surfaces feature cushioning over molded bar catches. All Olympic bench designs feature the option to have added weight storage added. Molded urethane bar holders for quiet, safe Olympic bar placement.

- Dual bar holders for both short and tall users.
- Open frame design for effective and safe spotting

INSPIRATION OLYMPIC DECLINE BENCH PRESS

This Olympic decline features multiple bar catch heights to accommodate users on any size. Wear surfaces feature cushioning over molded bar catches. Adjustable knee support insure the proper fit for all users. All Olympic bench designs feature the option to have added weight storage added. Molded urethane bar holders for quiet, safe Olympic bar placement.

- Dual bar holders for both short and tall users.
- Adjustable leg stabilization for both short and tall users



INSTINCT OLYMPIC BENCH PRESS

Instinct is easy on space and user friendly.. Removable wear strap for extended upholstery life.

- Dual bar catches.
- Integrated plate storage with rubber end caps

ATLANTIS P-238 INCLINE OLYMPIC BENCH PRESS

30 degree angle.

Standard weight storage horns eliminate need for separate weight trees.

Molded Protective Racking System

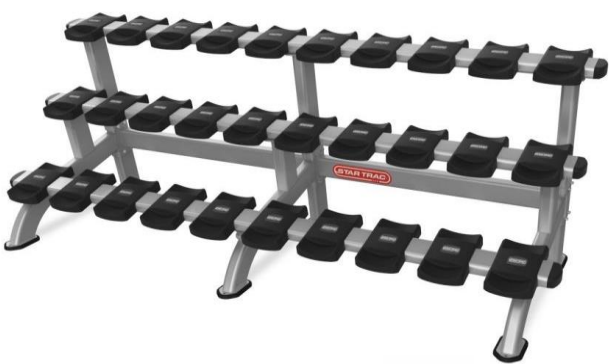


Contact Information:

451 – 42 Avenue SE , Calgary Alberta T2G 1Y3 Office: 403 265 1377; Toll Free: 1 855 852 6595

Fax: 403 265 1387, info@btbfitness.ca - www.btbfitness.ca

Dumbbell Storage Solutions



INSPIRATION 3-TIER DUMBBELL RACK

- Molded urethane cradles for quiet and safe dumbbell placement
- Rubber feet for floor protection
- 15 pair rack



INSTINCT 3-TIER DUMBBELL RACK

Instinct® is easy on space and user friendly. This line perfectly complements other specialized lines to complete the look of your club

- Compact footprint.
- Rubber dumbbell saddles.
- Saddles can be removed for hexagonal dumbbell storage.
- Rubber feet for floor protection.

TROY 15 PAIR DUMBBELL RACK

This commercial 15 pair rack has a 3.5mm thick steel tube with the capacity to hold 3,450lb of dumbbells. With a scratch-resistant, powder-coated finish and anatomically angled tiers for easy access. Durable plastic saddles help protect dumbbells and reduce noise in the toughest facilities



Dumbbells sold separately

YORK® 3 TIER DUMBBELL RACK (Holds 15 pairs) Dims. 99":x31"x42"

YORK® 2 TIER DUMBBELL RACK (Holds 10 pairs) Dims. 99"x23"x27"

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Dumbbell Storage Solutions

YORK 3-TIER PRO-HEX DUMBBELL RACK

Dimensions: (L) 65" x (W) 23" x (H) 39"

Heavy-duty, three-tier rack rubber coated hex dumbbells.

Holds 15 pairs of dumbbells.



Dumbbells Sold Separately



Dumbbells Sold Separately

YORK 2-TIER PRO-HEX DUMBBELL RACK

Dimensions: (L) 56" x (W) 23" x (H) 29"

- Heavy-duty, two-tier rack holds rubber coated hex dumbbells.
- Holds 10 pairs of dumbbells

TROY VERTICAL DUMBBELL RACK

This compact vertical dumbbell rack is designed to hold 13 pair of hex or VTX dumbbells ranging from 3 to 50 lbs. The user friendly design allows for easy access.



TROY DUMBBELL RACK

The VTX Deluxe 3-Tier Horizontal Dumbbell Rack will hold up to 23 pairs of USA and VTX dumbbells ranging from 3 lbs. to 100lbs (including 8 & 12 lb. sizes), and will hold up to 20 pairs of Troy dumbbells ranging from 5lbs to 100lbs. This durable rack is constructed with 12-gauge heavy duty 2" x 2" tubing



TROY 3-TIER DUMBBELL SHELF RACK

The VTX commercial-grade, 3 Tier Horizontal Shelf Rack holds a 5-75 run of solid dumbbells (15 pairs) with ease. The heavy duty, powder-coated shelves are anatomically angled for easy storage and removal.



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Barbells & Racks

TROY BARBELL RACK

Horizontal Barbell Rack is dual sided and can hold 10 fixed barbells or fixed curl bars. The chrome wear-guard adds to the striking look of this barbell rack.



TROY 12-SIDED URETHANE BARBELL

Our patented 12-sided Urethane-Straight Barbell features a solid steel head encased in high grade urethane, that is securely attached to a hard chrome, steel bar.



TROY 12-SIDED RUBBER BARBELL

12-sided, Rubber-Encased Solid Straight Barbell with hard chrome steel bar.



TROY PRO STYLE STRAIGHT BARBELL

These barbells are all pre-assembled to meet the standards required for any commercial application. All of our pro style barbells use solid steel bolt design. The chrome or rubber encased end caps include the TROY name and numbers for easy identification



YORK BARBELLS

York adopted its Pro Style Dumbbell head design and applied it to our new Pro Style Fixed Straight and Curl Bars. The barbell heads are comprised of solid steel inserts fully encased in rubber. The solid steel handle passes through the steel insert and is welded permanently joining the head to the bar. Rubber coating increases durability, protects equipment, enhances appearance, diminishes noise, and is easy to clean.

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TROY URETHANE 12-SIDED DUMBBELLS

Our stylish 12 sided Solid Steel, Polyurethane encased dumbbells represent the best in class, commercial grade product of its kind being manufactured today. With a sleeve design that extends through the head of the dumbbell and is permanently welded, the structural integrity is unsurpassed



TROY VTX ROUND URETHANE DUMBBELLS

The new VTX round head XD-U is the perfect dumbbell for any light institutional setting. Using a high grade urethane and a proprietary construction method the XD-U offers a durable and affordable dumbbell that looks great out of the box but better with your logo on it.



YORK® MEDIAL GRIP PRO STYLE DUMBBELLS

A snug-grip improves balance and reduces hand / forearm fatigue. Perhaps one of the most ergonomically correct dumbbells on the market, YORK's Pro Style Dumbbell features a shortened, fully knurled, 33MM solid steel handle resulting in less hand travel and optimum control



TROY 12-SIDED RUBBER ENCASED DUMBBELLS

These “Quiet Iron” dumbbells are Troy’s best, premium grade rubber dumbbell. They are encased with high quality virgin rubber which helps to reduce noise and protect floors and equipment, while making them virtually odor free. Precision machined, graduated steel handles are coated with a hard chrome finish to resist corrosion



CEMCO URETHANE PRO STYLE DUMBBELLS

Urethane Encased Plates, Aluminum Weight Stickers with Industrial Strength Adhesive. Urethane Encased Steel End Plate. 32mm Hard Chrome American Made Handles, Medium Knurl Handle.



Solid Head Urethane Dumbbells

Our Cemco Strength USA Solid Urethane Coated head dumbbells and Solid Head dumbbell sets are the latest addition to our line up and among the highest end in the industry. These are assembled with USA Made handles and have a solid steel core



Cemco Elite Solid Steel Urethane Dumbbells

Our Cemco Elite Series Urethane Dumbbell carries the longest warranty out of all our products. This Urethane dumbbell is Designed and assembled in the USA with Hard Chrome Handles. Our Solid Steel Urethane Weight Heads have a steel core which is encased in Our Urethane Coating.



CEMCO SOLID ROUND RUBBER DUMBBELLS

Cemco rubber dumbbells proffer you with the durability and the high-end protection from the floors and the body. These are the reasons we use virgin rubber as the coating of our dumbbells. Our competent Olympic rubber weight set is the superior example of the higher efficiency and the affordable price



CEMCO PRO-STYLE DUMBBELLS

Cemco Pro-Style Dumbbells (Black Cast or Gray Cast)

Featuring a 32mm, hard chrome handle with a medium knurl. Assembled with course thread, alloy bolts and secured with a locking compound

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Dumbbells

TROY PRO STYLE RUBBER ENCASED DUMBBELLS

Our rubber encased TROY pro style dumbbells are all pre-assembled to ensure that they meet the standards required in heavy use commercial applications. All of our pro style dumbbells use solid steel bolt design; bigger, longer and stronger than the competition



TROY PRO STYLE BLACK DUMBBELLS

Our TROY pro style dumbbells are use solid steel bolt design; bigger, longer and stronger than the competition. These dumbbells consist of straight or contoured handles that feature special deep set knurling for functional performance and our top of the line TROY black premium plates.



TROY 8-SIDED RUBBER ENCASED DUMBBELLS

Available In :3 lb., 5 lb., 8 lb., 10 lb., 12 lb., and 15 lb. through 100 lb. in 5 lb. increments.

Our VTX 8 sided rubber encased dumbbells are perfect for light institutional setting. These dumbbells will help reduce noise and protect flooring and equipment. Built with all steel chrome contoured handles, our VTX rubber encased dumbbells are built to last.



RUBBER HEX DUMBBELLS

These dumbbells feature rubber- encased heads to prevent damage to floor coverings and fitness equipment coatings. The ergonomic handles improve grip comfort and reduce fatigue. Available in 3lb, 5lb, 8lb, 10lb, 12lb, and 15lb through 50lbs in 5lb increments.



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TROY COLOR WORKOUT SYSTEM

The TROY Color Workout Strength Training set includes one rack and twenty sets of the TLW-40GC. The TLW-40GC consists of a 4.5" hollow "lightweight" standard bar, spring collars, 2-10 lb., 2-5 lb., and 2-2.5 lb. color rubber encased plates. Excellent for group exercise classes



TROY WORKOUT SYSTEM

The TROY Workout Strength Training set includes one rack and twenty sets of the TLW-40G. The TLW-40G consists of a 4.5" hollow "lightweight" standard bar, spring collars, 2-10 lb., 2-5 lb., and 2-2.5 lb. rubber encased plates



TROY AEROBIC BAR CLUB PACK

Our Troy Aerobic Bar Club Pack delivers 32 bars in our most popular sizes and an attractive display/storage rack, all in one package. Each bar has a color coded cap indicating its weight, and all bars are covered in commercial quality high density foam



AEROBIC PAC - VINYL

The Aerobic Vinyl Pac features easy-to-stack compartments providing an attractive, convenient way to secure, store and display your aerobic dumbbells



NEOPRENE



SOLID HEX



VINYL



COLORED RUBBER HEX



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Kettlebells & Racks

YORK KETTLEBELL STAND

Rubber Lined Trays
Metallic Silver Finish
Commercial Quality



TROY KETTLEBELL RACK

Our 2 tier kettle bell rack is a stylish and sensible way to display and store your bells



TROY BLACK CAST IRON

With dual markings for both lb and KG



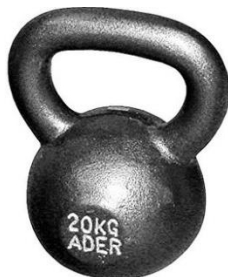
YORK KETTLEBELLS

The product sports a rugged mat black finish, has a uniquely positioned handle for a smooth, ergonomic motion.



ADER PREMIERE KETTLEBELL

Fully cast iron
No welding
Outstanding handle
Black hammer tone paint



TROY RUBBER COATED KETTLEBELL

Rubber coated bell, smooth steel handles, colorful and easy to read poundage markers



ADER PRO GRADE KETTLEBELL

These Pro Grade Kettlebells are all steel, no cast iron. Ader kettlebells are widely known for their outstanding handle quality



ADER MONSTER KETTLEBELL

Fully cast iron
No welding
Outstanding handle
Gray Hammertone Paint



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Sleds



DYNAMIC HI – LO SLED

This Sled allows multiple adjustments for different variations of sled workouts. Allowing easy adjustment from low to high push height, the High-Low sled accommodates power and speed training for users of all sizes. Features include a 14" high plate post to accommodate either traditional iron plates or Olympic bumper plates, wide stabilizing harness hooks, and beefy skid plates for long-lasting smooth push and pull resistance.



DYNAMIC POWER SLED

This sled is a great way to increase explosive power and acceleration for serious athletes. A complete lower body conditioning unit, the Power Sled improves leg, hip, and core strength. Constructed from high strength steel, our sled features a rock-solid, fully-welded frame with skid plates for long-lasting durability on any surface. Three different grip positions combined with optional pavement skis combine to create a hugely versatile training system



ATLANTIS R-263 EXTREME SLED

Sturdy unit built with Atlantis' high-end components

Poles are removable, allowing the user to reverse direction without having to turn the sled around

Plates are loaded horizontally; which allows for quicker loading and offloading (important when working with multiple clients at the same time).



STROOPS PREDATOR SLED

Increase your speed and strength by performing resisted sprints. Use it like a plyobox and do box jumps, step ups and a variety of different exercises. As if that wasn't enough, now you can take the removable poles and attach a Slastix to the pole and get an incredible upper body workout



STROOPS SHEET SLED

The Sheet Sled will provide you with a great workout, and will take your training to a level you never thought possible! Use the Sheet Sled to get your heart rate up and give your legs a workout you won't soon forget. This sled is a great tool to add to your training arsenal.

TROY POWER BAR (AOB-2000T) is 100% manufactured in the USA with a very aggressive knurl pattern, bronze oil impregnated bushings and 177K PSI rating. Other select features of The TROY POWERBAR include double snap ring sleeves, and 16.50" of loadable sleeve length. This bar is so impressive we put the TROY badge on it as the established benchmark for power bars.



TROY VTX MEN'S TRAINING BAR (GOB-1800) is the strongest, most versatile bar we have ever manufactured. The bar has tested out at over 270,000 P.S.I. Its 28.5mm shaft features a precision patterned knurl with dual marks for both Olympic and powerlifting. Bronze, self lubricating bushings give it great spin while double snap rings safely secure each end to the bar



TROY OLYMPIC TEXAS BAR (AOB-2000B)

The 7' shaft is coated with black zinc, is 28mm diameter with a 4" center knurling, 150,000 PSI (minimum) 1500 lb. The sleeves are made of one-piece roll pin construction. Aggressive Knurling, Double Roll Pins, Center Knurling,



TROY OLYMPIC POWER BAR (AOB-1500B)

7' black zinc coated power bar, 1500 lb. statical test, 4" center knurling. Snap ring design. This bar is designed to go into a club environment. Knurling Medium Sleeve Attached - Snap Ring, Center Knurling, 28mm , Black Oxide



TROY OLYMPIC POWER BAR (GOB-1200)

Our best 7' international, hard chrome "beater" bar has a large 32 mm shaft, giving it a tensile strength equal to that of a much more expensive power bar. Bronze bushings allow it to spin freely, making it ideal for Olympic lifts such as dead lifts, cleans and snatches. Each end is secured by dual snap rings, a feature often found on the highest performing Olympic bars.

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YORK® 7' NORTH AMERICAN BLACK OXIDE BAR - 32MM, 1500# TEST BAR (32120)



YORK® MEN'S ELITE COMPETITION – PRECISION NEEDLE-BEARING BAR (32000)

YORK® “Elite” Competition Bars are made from the highest grade North American steel with a minimum tensile of 190,000 PSI. Competition and Training Bars are made from quenched and tempered cold drawn, stress relieved high tensile steel, for maximum strength and flexibility.



YORK® 2010 MM WOMEN'S 15 KGS “ELITE” COMPETITION BAR 25MM (32001)



YORK® MEN'S ELITE OLYMPIC TRAINING BAR (32002)

YORK® Olympic “Training” bars are made from the highest grade North American steel with a minimum tensile of 190,000 PSI. Ferrous bushings lubricated with Forway® facilitate free and constant rotation of the Olympic bar sleeves. Sleeves are finished to a precise 1.975” diameter. Bars are calibrated to Olympic specifications.



YORK® 2010 MM WOMEN'S 15 KGS “ELITE” OLYMPIC TRAINING BAR (25 MM) (32003)



TOP SELLING BARS

TROY 7' ECONOMY OLYMPIC BAR (GOB-86)

Our best economy 7' chrome Olympic bar is the one we include in all our weight sets and is a staple of retail dealers nationwide. A larger 31mm stress-proof steel bar shaft makes it stronger than most other bars in its class. Estimated max weight capacity of 600lbs.

TROY 6 1/2' WOMEN'S OLYMPIC TRAINING BAR (GOB-800)

Our sleek new, 6 1/2ft, 15kg women's training bar has a 25mm bar shaft that is easier to grip and control that is specifically designed for functional training. Despite it's smaller diameter, it has an extremely strong yield strength that provides plenty of desired "whip." The shaft has an attractive patina (copper) color which contrasts well with black painted sleeves to give it a distinctive look, while being fastened securely with dual snap rings for consistent, reliable performance

TROY LIGHT-WEIGHT OLYMPIC TRAINING BAR (GOB-300LZ)

Our 6' lightweight aluminum Olympic bar has a 300 lb. statical test and 1 1/8" diameter. It is designed as a training bar for beginning lifters wishing master different types of lifts while maintaining proper form. The shaft is zinc coated with steel, pinned sleeves cut down to 9 1/4", providing a 51" distance between the collars and making it compatible with most Olympic-size benches.

TROY VTX SUPER 74" XL OLYMPIC BLACK 6' EZ CURL BAR (GOZ-74B)

Black finish, Snap Ring Fastened Sleeves, 51" between collars for use on Olympic benches, 300 lb capacity.

51" between collars

Black Zinc 74" long / 35 lbs

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Specialty Bars



TROY COMMERCIAL OLYMPIC CURL BAR (TOZ-47B)

The TROY 47" Commercial Quality Curl Bar is a 27 mm bar with deep diamond knurling for a positive grip and feel. Sleeves are secured via roll pin design.



OLYMPIC ECONOMY EZ SUPER CURL BAR (GSOZ-47)

This Olympic combo bar combines innovative design with superior performance and dependability. Two distinct grip positions vary the isolation of the biceps and triceps muscles to dramatically increase upper arm size and definition.



TROY OLYMPIC TRICEP BAR (GOT-34)

Our 34" Olympic triceps bar is designed specifically for maximum concentration of those hard to hit triceps muscles. This unique design allows unrestricted arm movement and eliminates discomfort to elbows, forearms and wrists.



OLYMPIC HEX BAR (AOT-56)

Ideal for shrugs and dead lifts, this bar is designed in a hexagonal form making it easy to step in and out of the bar. Our "hex" bar is chrome coated to resist rusting and has a solid sleeve design.



SUPRABAR CURL BAR (SBCB-47)

Our 47" SupraBar deluxe curl bar with revolving handles is designed to increase upper arm mass, strength and definition. This bar isolates and intensifies development of the biceps and forearms through the biomechanical process of supination – the inward and outward rotation of the wrists

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**20" Revolving
Straight Bar**

**Double Stirrup
Handle**



**48" Lat
Pulldown**

**Leather Dip
Belt**



**34" Cambered Pro Style
Lat Bar**

**Multi – Exercise
Bar**



**Commercial Grade
Bar Pad**

**Squat Sponge Bar
Pad**



**Lock Jaw
Collars**

**2" Olympic Spring
Clip Collars**



Landmine

Fat Gripz



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Cable Attachments



**Leather
Ankle Strap**

Triceps Rope



**Triceps Press Down
V Bar with Swivel**

**28" Multi-Purpose
Deluxe Curl Bar**



Triceps V Bar

**34" Straight Pro
Style Lat Bar**



**SupraBar Cable
Curl Bar**

**24" Straight Pro
Style Lat Bar**



**Heavy Duty Single
Cable Handle**

**Chinning
Triangle**



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Medicine Balls



TROY MEDICINE BALLS

Our rubberized Medicine Balls have an easy grip surface and lasting durability. Each ball has a compression valve in which air can be added to adjust the firmness



DYNAMIC MEDICINE BALLS

The Dynamic Medicine Ball is available in 10 different sizes and weights to accommodate a wide range of training levels, from beginner to the most advanced. Perfectly balanced and extra durable, guaranteed to maintain its shape over time. The textured surface ensures maximum grip and ease of use



TROY SLAM BALLS

Available in 10,15,20,25,30,35,45 and 50lb sizes the VTX slam ball is encased in a tough rubber shell that is equipped with an easy to grip surface



DYNAMIC WALL BALL

Available in 10 different weights to accommodate a wide range of training levels, from beginner to the most advanced. Woven nylon shell with double-stitched seams ensures durability with regular use. Each Wall Ball includes a fill material with enough body to maintain the ball's shape with repeated use, but also soft enough to safely stop / catch high velocity throws.



TROY WALL BALL

The VTX Wall Ball comes in multiple sizes and colors. Each VTX Wall Ball is 14" diameter. Made of durable synthetic leather and designed for superior grip, each ball is stitched to our exacting specifications

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Ball Storage

**VTX FITNESS BALL
RACK - Rotational**



**YORK 7 BALL
RACK**



**6-TIER MEDICINE BALL
TOWER RACK**



**VERTICAL MULTIPLE
STORAGE RACK**



**HORIZONTAL MEDICINE
BALL RACK**



**STABILITY BALL WALL
STORAGE RACK**



**PREMIUM STABILITY
BALL RACK**



**8 STABILITY BALL
STORAGE RACK**



**BOSU BALL
STORAGE CART**



**ARSENAL
LOCKER**



**MULTI PURPOSE
RACK**



**ELITE BALL
STORAGE**

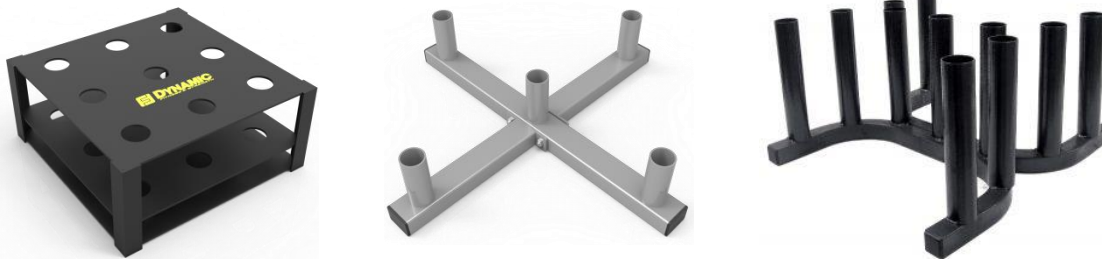


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ACCESSORY RACKS



OLYMPIC BAR HOLDERS



BUMPER PLATE RACKS



LARGE MULTI-STORAGE RACKS

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Exercise Balls



CLASSIC EXERCISE BALL

Burst-resistant up to 286lbs with a static load rating of 1,000lbs. Available in 45cm, 55cm, 65cm and 75cm



DURABALL PRO EXERCISE BALL

Burst-resistant up to 1,100lbs with a static load rating of 1,650lbs. Available in 45cm, 55cm, 65cm and 75cm



BOSU® BALLAST BALL stays put, so your ball does not wander during your workout. Constructed of high quality, burst-resistant material, it has a six-sided surface design for proper alignment and positioning and has 2.5 lbs. of multi-dimensional load, which provides a fun, visual effect and audible feedback during lifting, shifting, and shaking exercises.



BOSU® PRO BALANCE TRAINER

Currently used in health, fitness, sports conditioning and rehabilitation facilities, and known industry-wide for training balance, building strength, fine tuning skills for sport, enhancing flexibility, and delivering killer cardio workouts, the BOSU® Pro Balance Trainer challenges the entire body with integrated, multi-joint movement that requires muscle groups to work together

Application	Height	Ball Size
Chair	5'2" & under	55 cm
Chair	5'2" & over	65 cm
Chair	6'0" & over	75 cm
Exercise	4'1" - 5'1"	45 cm
Exercise	5'2" - 5'8"	55 cm
Exercise	5'7" - 6'2"	65 cm
Exercise	6'3" & over	75 cm

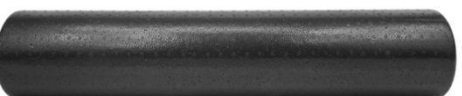
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PROFESSIONAL FOAM ROLLER

The Professional Foam Roller is perfectly suited for high-use areas. The firm design is more durable than most foam rollers, and the closed-cell foam construction makes it a more hygienic option. Use the Professional Foam roller to increase flexibility and relieve muscle tension, while increasing circulation and lymphatic cleansing.



MAX ROLLER

The Max Foam Roller is designed for avid foam roller users who need an extra-firm foam to really dig in and improve myofascial release. These high-density foam rollers help increase flexibility, core strength and muscle recovery after exercise



CLASSIC FOAM ROLLER

The Classic Foam Roller is the ideal roller for anyone looking to incorporate foam rolling into their exercise routine. Great for rolling out the IT band or back or anywhere else your muscles are tight and restricting movement.



THE GRID 2.0

The Grid 2.0 is a revolutionary foam roller from Trigger Point Performance Therapy. Each GRID 2.0 features DistroDensity Zones, Matrix Technology and an environmentally-friendly design.



WALL-MOUNTED STORAGE RACK FOR FOAM ROLLERS

Foam Roller Storage Rack conveniently holds up to 12 of the 6" foam rolls. Constructed of polished stainless steel for an extra-long life.

Resistance Toners Exercise Bands



STROOPS EXERCISE TONERS

The beauty of our revolutionary Stroops Power Band is that it provides a complete workout for anyone, at any age, anyplace, anytime, and for any amount of time and it comes at a fraction of the price of any competitor. Available in: Very Light, Light, Medium, Heavy, Very Heavy



STROOPS SLASTIX WITH CARIBINER ENDS

An excellent slastix that you can attach your own handles, bars, punch cuffs, leg cuffs or belts to. Available in: Very Light, Light, Medium, Heavy, Very Heavy



STROOPS CUFF CORDS

A rotator cuff and scapular strengthening system using a durable and protective double handle 36" Slastix cord with a single carabineer attachment.



IRON WOODY FITNESS BANDS

Top quality bands, used for everything from powerlifting to pullups to mobility to Rehabilitation. Available in 5 Strengths, 12", 20" and 41"

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TROY SOFT FOAM PLYO BOXES

The T-PLYO can be purchased as individual pieces or as a set of four. These soft foam plyo boxes include the following features.

Heights available: 6", 12", 18", and 24", and the ability to stack the boxes
Ultra dense foam, Covered with heavy duty vinyl.
Large velcro flaps to securely hold boxes in place
36x30 landing area on all sizes



Troy Soft Foam, Tri-Plyo Cube - Experience 3 different levels of training intensity with our versatile Soft foam Tri-Plyo Cube. It adjusts to 3 different training heights – 20", 24" and 30", by simply flipping the cube. The durable, high density, solid foam construction is designed to prevent injury.



ERGO PLYO BOXES

With safety in mind Stroops has designed the Ergo Elite Plyobox. With curved edges, this plyobox helps eliminate the possibility of shredding up your shins during a powerful jump.
6", 12", 18", 24" and 30"

ACCEL PLYO BOX W/ KICK PANEL

The Plyometric Pro Set includes the 12, 18, 24, 30 and 36 inch plyo boxes. Stable and durable, our Smart Plyometric Boxes are constructed with fully-welded steel frames that endure years of hard use

3-IN-1 WOOD PLYO BOX

The 3-in-1 Wood Plyo Box gives you 20", 24", and 30" platform height options for plyometric workouts, all in one unit. Built for safe, effective plyometric training at any skill level. The quality 6-layer plywood panels are CNC machined for a secure, precise fit



Contact Information:

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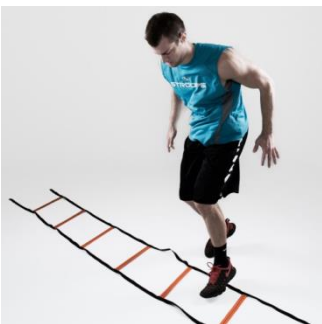


STROOPS ROLL-OUT LADDER

Made of our highest-quality rubber, the ladder is only 1/8-inch high, pliable, and stays in place, meaning self-conscious beginners are less likely to slip or lose their footing, and coaches are less likely to interrupt training to reset the ladder.

Single includes one 15-foot, ten-rung Rollout Ladder.

Double includes one 32-inch wide and 15-foot, ten-rung Ladder



STROOPS RIGID RUNG LADDER

The Rigid Rung Ladder was designed to accommodate training of larger more advanced groups. To allow for longer distance ladder drills, our ladders are designed to attach together end to end. With rigid, bright-orange rungs that stay in place, trainers appreciate the reduced interruptions (to reset the ladder) and easy setup and storage, while athletes appreciate the high visibility.



STROOPS THE CHEETAH

Consisting of a belt with rings attached to two Slastix® bands, which can be anchored to another person or stationary object, The Cheetah provides added resistance— from one or two directions—during real-world training.

Includes one belt, two 8-foot Slastix® and two anchors



STROOPS HURDLES

Unlike tubular or flat PVC hurdles, which break easily, Stroops are made of highly durable yet pliable plastic. The smooth white surface allows coaches to write instructions on them using erasable markers.



STROOPS AGILITY DOTS

Streamline training! Agility Dots offer the trainer, coach, and athlete a safer, inexpensive, portable alternative to conventional cones for setting up drills, practice games, etc. Our 1/8-inch, dual-sided non-slip rubber Agility Dots are safer because they stay securely in place during even the most rigorous drills.

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Speed & Power

STROOPS ACCELERATOR

The Accelerator was designed to help athletes accelerate more quickly and powerfully, and for longer distances. With a ten-foot Slastix® attached from the shoulder harness to a fixed object, athletes gain the benefits of resistance while accelerating for a full 20 feet.

Includes one 10-foot heavy resistance Slastix, Shoulder Harness and XL Anchor.

STROOPS PYTHON STRIKER

For the athlete who wants the benefits of total body performance training without lifting a weight, we present the Striker. The Striker comprises a lower-back belt with rings that attach four Slastix® to each hand and foot. With no external body attachments, the Striker provides resistance, which allows athletes to engage in any type of activity—from sports to drills—to build strength in their core, arms, and legs.

STROOPS INSANE BOLT 2

The Insane Bolt 2 operates similarly to the Leapfrog™, but with a longer 20' Slastix®. With the Slastix® at a near maximum stretch (60') between them, athletes begin sprinting simultaneously. The trail runner is propelled by the lead runner's pull and Slastix® resistance.

STROOPS TANDEM TOW

Athletes alternate turns as lead runner while the other provides resistance. By transferring resistance back and forth, both achieve the full range of training effects. Includes one tandem tow with ten-foot strap with extra-large loops on both ends.

STROOPS LEAPFROG

Two athletes wearing waist belts are joined via a 4' Slastix. The two take turns shuffling, back-pedaling, or engaging in a variety of sports-specific performance drills. The Leapfrog utilizes the individuals' own speed and weight to provide a gradual resistance for their partner as the lead athlete runs ahead of the other until maximum resistance is nearly achieved. At this point, the trailing runner is pulled forward with speed.

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Speed & Power



BATTLE ROPES - A great tool for heavy rope training and undulation rope workouts. Top-quality, fray resistant and designed to last, our battle ropes are highly versatile and deliver a full body workout for athletes of all levels. These high strength black battle ropes use a tight weave of soft poly-twine that won't damage or mark hardwood floors.



STROOPS BEAST BATTLE ROPE - Put away those heavy ropes. Bring out the Beast! Unlike traditional ropes, which only allow a single plane of force, the 20-foot Beast incorporates heavy resistance Stastix that elicits muscle contractions throughout the entire body, and up to three training planes simultaneously



STROOPS SON OF THE BEAST BATTLE ROPE - The Son of the Beast Battle Ropes offer the same features as the Beast Battle Rope except with two 10-foot ropes instead of one 20-foot rope. Available in 47lbs, 77lbs, 105lbs and 150lbs



STROOPS DOUBLE GUN - Simply attach the Stastix® to the two foot and biceps straps and then to an anchored object or training partner behind you and perform a variety of training drills such as throwing and catching to sprinting and jumping. Includes four 4' Stastix, two biceps straps, two foot cuffs, and one anchor.



STROOPS COBRA PRO - The Cobra Pro's unique "wear-while-you-play" design promises to transform the way athletes train. For the first time, athletes have the means to build upper-body explosiveness while playing sports or engaging in drills. Comprised of a single Stastix® that attaches from the shoulder harness to both hand straps, athletes have full freedom of movement while practicing.

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Suspension Training



CROSSCORE 180

Pull the Pin® and experience the evolution of suspended bodyweight training.

CrossCore® is a suspended bodyweight training system that engages the entire body with highly effective functional training techniques and programs with Rotational Bodyweight Training.



TRX® COMMERCIAL SUSPENSION TRAINER

Ideal for gyms and commercial facilities. The design of the TRX Commercial Suspension Trainer features a locking carabiner, rubber handles and upgraded Kevlar in key, high wear areas. This TRX Suspension Trainer is the strongest and most durable Suspension Trainer ever built by TRX.

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STAR TRAC BOXMASTER

The BoxMaster® is a new form of boxing style conditioning that will wow your clients. The key to it's design is the spring system attached to each pad. These springs have been set up to replicate punching a focus mitt, by offering a slight "give" in the pads on impact. Each pad has been set up specifically to replicate different styles of punching, allowing the participant to throw any punch, or any combination of punches. The result is a significant reduction in the risk of injury to both the members and the instructor. In roughly 30 minutes you will experience a workout like no other.

- A) BoxMaster® Tower B) BoxMaster® Base / Platform
C) BoxMaster® Optional Kick Pad,D) BoxMaster® Quad Package



Heavy Bags



**Boxing
Gloves**



**Speed Skipping
Rope**



**Power Bead
Skip Rope**



**PROFESSIONAL
GYM TIMER**

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Stretching Mats



RESTING MATS – 2' x 4', 2' x 6'

Constructed of durable 12 to 16oz vinyl and treated for germ resistance. Comfortable 1" or 2" thick mats that provide a firm but relaxing rest support. Fitted with handle on side or end for ease in carrying. . Foam is top quality Polyurethane.



STANDARD POLYURETHANE FOLDING MATS 2"

Constructed of 2" thick fire-retardant, semi-rigid 100-150ILD (as per foam specification page) Polyurethane foam which retains it's excellent absorption qualities. Strong 19oz vinyl exterior shell. Choice of Folding, No Velcro (FNV), 2" Velcro at ends only (V2S) or Velcro 4 sides (V4S). Some sizes also available with choice of Bi-fold (BF) or Accordion (AC) folding styles.



ELEMENTARY SLAB MATS

Designed as a basic Slab Mat for both Universal and Therapeutic use. These non-folding highly functional mats are fitted with handles for easy carrying and wall storage. Available in 19oz vinyl exterior shell to suit different requirements.



ELEMENTARY LANDING MATS

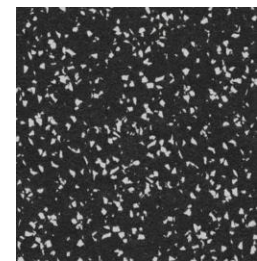
Non-Folding

Brightly colored for easy visual location while in flight. Exterior shell is washable 19oz vinyl. Interior is selected Polyurethane foam which is anti-bacterial, and designed for extensive service life. For use in Special Education, Gymnastics, Indoor Track & Field, and Therapeutic classes

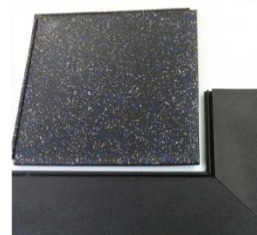


SURVIVOR ROLLED AND TILE FLOORING

You need a long-lasting floor that will take tons of traffic and look great for years: Survivor SportFloor™ wins every time. Endorsed by Gold's Gym, Survivor thrives in tough, high-traffic environments. Available in roll and interlocking tile, Survivor SportFloor's unique beveled-edge construction means virtually no gapping, resulting in a smooth, seamless surface.



Choose from one of our standard colours or create your own color blend with ColorBuilder, custom floor design tool. With low minimums and fast turnaround times, it's easy to create a unique look while keeping your project on time and on budget.

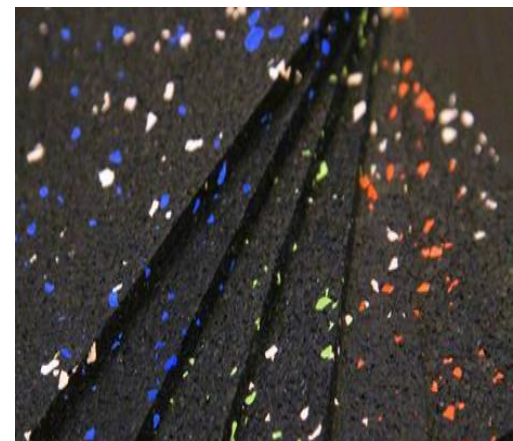


Survivor SportFloor™ Mega Tile

This is a floating floor built to withstand the rigors and punishment of your free weight area. These 1" tiles are built to exacting dimensions and also come with an ADA approved ramp that will lock into the MEGA tile



QUIETSOUNDS™ ROLLED UNDERLAYMENT- Optimal Sound Reduction for Quality Living. QuietSound™ is the premium solution for noise transmission in all kinds of multi-story buildings. QuietSound's sustainable, recycled rubber underlayment provides optimal sound reduction while remaining impervious to the elements



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Cleaning Solutions

FIT WIPEs

The highest quality disinfecting wipes at the lowest available prices. Using disinfecting wipes helps stop the spread of harmful bacteria and virus such as E.coli, Staphylococcus, Aureus, Salmonella, Tuberculosis, HIV, Polio, Herpes and Influenza. Kills 99.9% of Bacteria in 15 seconds. Safe on all surfaces

Most other brands of wipes are not tested to kill harmful germs. ALWAYS read your label! Keep your facility healthy by using wipes that actually clean AND disinfect!

FitWipes disinfecting wipes refill rolls, Wall Dispensers, Stainless Steel Garbage Can Dispenser



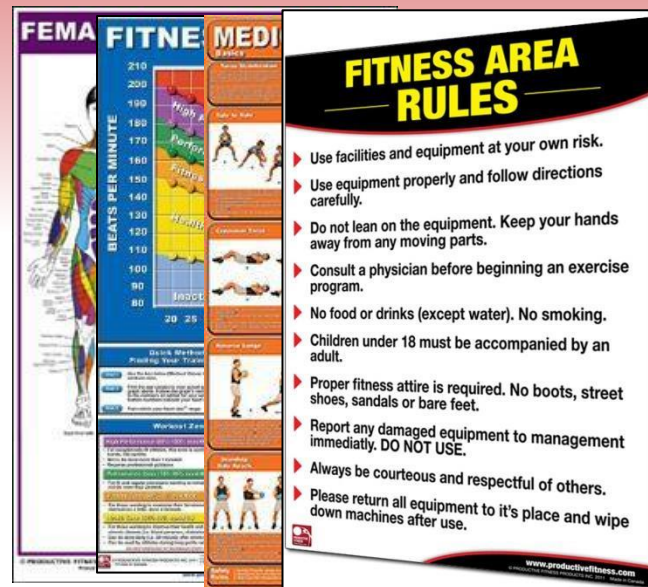
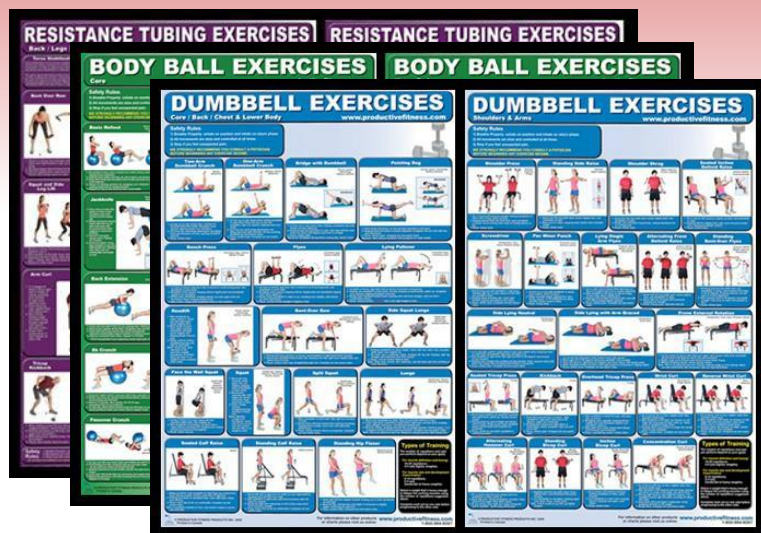
GYM VALET

Gym Valet is a combined bottle and towel holder that is easy-to-install and universally attachable to virtually all makes and models of exercise equipment. Its multi-purpose design makes it the perfect solution for holding fitness equipment sanitizing supplies, or an exerciser's personal water bottle & towel.



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Body Ball Exercises-Core Chart 24" x 36" - Laminated	\$ 29.95
Body Ball Exercises-Upper Body/Lower Body Chart 24" x 36" - Laminated	\$ 29.95
Dumbbell Exercises- Lower Body/Core/Chest & Back Chart 24" x 36" - Laminated	\$ 29.95
Dumbbell Exercises-Shoulders & Arms Chart 24" x 36" - Laminated	\$ 29.95
Female Muscle Diagram 24" x 36" - Laminated	\$ 29.95
Fitness Area Rules Chart 24" x 36" - Laminated	\$ 29.95
Fitness Heart Rate Chart - 24"x36" - Laminated	\$ 29.95
Indoor Cycle Chart - 24"x36"	\$ 29.95
Kettlebell Exercise Chart 24" x 36" - Laminated	\$ 29.95
Male Muscle Diagram 24" x 36" - Laminated	\$ 29.95
Medicine Ball Exercises Chart 24" x 36" - Laminated	\$ 29.95
Resistance Tubing – Shoulders / Rotator Cuff Chart 24" x 36" - Laminated	\$ 29.95
Stretching-Lower Body Chart 24" x 36" - Laminated	\$ 29.95
Stretching-Upper Body Chart 24" x 36" - Laminated	\$ 29.95
Body Ball Set - 24" x 36" - Laminated	\$ 39.95
Cardio Set - 24" x 36" - Laminated	\$ 84.95
Dumbbell Set - 24" x 36" - Laminated	\$ 39.95
Functional Trainer Set - 24" x 36" - Laminated	\$ 39.95
Heart Rate Set 24" x 36" - Laminated	\$ 39.95
Resistance Tubing Set - 24" x 36" - Laminated	\$ 39.95
Stretching Set - 24" x 36" - Laminated	\$ 39.95

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Install and Delivery

Beyond the Basics has over 35 collective years of experience in delivering large orders of commercial fitness equipment in fitness rooms of varying sizes. It is the goal of BTB Fitness to meet and exceed the requirements of our customers. We want to provide prompt, competent and effective deliveries and service of all our products.

Facility Layout and Design

BTB Fitness can layout your fitness centre and give it a new look. Whether it's to accommodate additional equipment, improve flow, or just for a change, we have assisted many facilities throughout Western Canada. When we design a facility, we aim to increase safety, improve efficiency, and enhance your customer's experience.



Equipment Repair and Preventative Maintenance

We are happy to customize our inspection, repair, and maintenance services to fit your facility / fitness centre's specific needs. Our services include, but are not limited to:

- Safety Inspections,
- Preventative Maintenance to manufacturers specifications,
- Regular service on a weekly, monthly, quarterly, or yearly basis



Contact Us



Phone:

(855) 852-6595

(403) 265-1377



E-Mail:

Orders or Questions to
info@btbfitness.ca



Mail:

Beyond the Basics Fitness
451 – 42nd Avenue SE
Calgary, AB T2G 1Y3

Credit / Payment

Payment Terms:

We extend net 30-day payment terms to government institutions using an authorized purchase order and other institutions with approved credit.

Payment Methods:



Visa



Master Card



Debit



PayPal



Cheque



Cash